

Nubia Ballesteros M.S., LPC

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Education:

Northcentral University

PhD in General Counseling Psychology, Current Student

Estimated Graduation in year 2027

Tarleton State University Ft. Worth, TX

Masters of Science in Counseling Psychology, LPC Certification

Graduate December 2016

University of Phoenix Online Campus

Bachelor's of Science in Psychology

Graduate August 2013

University of Phoenix Online Campus

Associates of Arts in Psychology

Graduate 2011

Work Experience:

Chrysalis Counseling Services

Dallas, TX

Psychotherapist- CEO

March 2020-Present

Use administrative and counseling skills to manage a private practice consisting of 2 part-time employees and one full time therapist. Follow state and local guidelines for the counseling program requirements. Complete monthly internal and state audit requirements for private practice program requirements.

Chance2 Change

Dallas, TX

Psychotherapist-CPS Contractor

March 2026-Present

Use counseling skills to facilitate sessions for CPS mandated adults, adolescents, children, and couples in Texas.

Headway

Dallas, TX

Psychotherapist- Contractor

September 2022-Present

Use counseling skills to facilitate sessions on weekends for adults, adolescents, children, couples, and families in DFW area.

Drug Prevention Resources

Waxahachie, TX

Psychotherapist- Contractor

March 2022-Present

Use grant state funding to counsel and facilitate psycho-educational individual and group sessions for adults, adolescents, children, and families in Dallas, Ellis, and Navarro County.

VC Counselors

San Antonio, TX

Psychotherapist- Contractor

January 2022- June 2024

Use counseling and administrative skills to facilitate individual sessions three days a week for adults, adolescents, children, and couples.

Christina Coultas

Plano/Garland, TX

Hope's Door New Beginning Center

BIPP Program Manager- Full time job

March 2019-June 2023

Lead a team of 6 administrators/facilitators. Use counseling, administrative, and management skills to facilitate groups and run the BIPP program containing an average of 300 clients and 23 groups. Follow state and local guidelines for BIPP program requires. Complete monthly supervisions with team members to discuss client load and program needs. Complete monthly reports to the state, upper management, and local court agencies. Coordinate services with

internal and external agencies and referral sources.

John Sharp
Hope's Door New Beginning Center
Plano/Garland, TX
BIPP Program Administrator and Facilitator- full time Job

December 2016-March 2019

Use counseling and administrative skills to facilitate and administrate the BIPP program in both locations. Coordinate services with clients and other agencies or law enforcement to begin groups. Kept and maintained client records. Facilitate Spanish and English BIPP groups for both men and women. Send out monthly reports to client's referral source. Maintain administration duties such as attendance, files, monthly reports, deposits, and state grant reports. Coordinate services with internal agency programs.

Publications

Sunny Side Up
Amazon Book and Kindle Book Version
Published November 2022
Trauma-Informed Group Therapy Workbook for Children and Adolescents Dealing with Parental Divorce or Separation.

Professional Affiliations

Texas Council of Family Violence Member since 2016- Present
Psychology Today Therapist Subscription since March 2020- Present
North Texas Society of Clinical Hypnosis- Consultant- December 2016-Present, Board of Directors- continuing education administrator February 2023-Present

Professional References:

Thomas K. Burdenski, Ph.D., Licensed Psychologist, LPC, LMFT
Former Professor and Clinical Coordinator at Tarleton State University (Retired 8/31/2021)
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Languages:

Writing, reading and Speaking Fluency in **English / Spanish**

Special Skills and Training:

Hypnosis- Consultant- 2021