



Level 1 Basic Training In Clinical Hypnosis

ASCH APPROVED (22 ACCREDITED HOURS) - VIRTUAL TRAINING

Part A
Sessions 1 & 2
Nov 13 & 14, 2026

Part B
Sessions 3 & 4
Dec 11 & 12, 2026

Join Us to Learn

- The basics of Clinical Hypnosis, self-hypnosis, and the latest neuroscience supporting these techniques.
- How to use Clinical Hypnosis to address client/patient blocks, rapidly reduce symptoms, and transform your practice.
- Practical tips and skills for immediate application

This workshop will use lectures, demonstrations, and hands-on small group practices to ensure you leave with the skills to begin utilizing Clinical Hypnosis in your practice.

Learn More & Register

www.clinicalhypnosis.ca

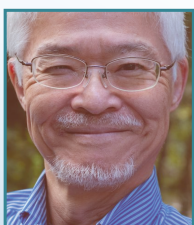
Presenters



Monica Wong

MSW, RSW, HBCE (Canada)

Past president of CFCH-AS, ASCH, Certified Consultant, Counsellor & Hypnobirthing Instructor, specializing in anxiety and peri to post-natal hypnosis.



Akira Otani

Ed.D, FASCH, ABPH (USA)

Past graduate faculty at the Johns Hopkins University Clinical Counseling Program and Counseling Centre staff at University of Maryland conducting applied psychological research in clinical hypnosis and mindfulness meditation resulting in 9 books and more than 70 publishings.



Linda Thomson

Phd. APRN, ABMH, ABHN (USA)

Nurse Practitioner with 40+ years of experience and an approved consultant in clinical hypnosis bringing a holistic approach to health and healing integrating clinical hypnosis, acupressure and HRV biofeedback. Understanding the importance of the mind-body-spirit connection, I am a proponent of giving children and adults skills, when possible, instead of pills to manage many physical, emotional and behavioral problems.