

# Curriculum Vitae

## **Richard Alan Chefetz, M.D.**

**Age:** 73

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**Summary:** *Richard A. Chefetz, M.D.* is a psychiatrist and a Diplomate of the American Boards of Psychiatry and Neurology, Medical Hypnosis, and Family Practice (1979-1998). He is a fellow of the International Society for the Study of Trauma and Dissociation. He is a Distinguished Fellow of the American Psychiatric Association. He is a member of the faculty of the New Washington School of Psychiatry, and on the faculty of The Washington-Baltimore Center for Psychoanalysis. He is also on the faculty and is a founding member and former Secretary of the Institute of Contemporary Psychotherapy & Psychoanalysis. He is the Secretary of the New Washington School of Psychiatry. Dr. Chefetz is a Distinguished Visiting Lecturer at the William Alanson White Institute of Psychiatry, Psychoanalysis and Psychology, in New York City. He is also a Past-President of the International Society for the Study of Trauma and Dissociation (ISSTD) (2002-3). He was chair of ISSTD's Dissociative Disorder Psychotherapy Training Program (2000-2008) and lectures internationally on trauma and dissociation. Dr. Chefetz is a certified Consultant in Hypnosis of the American Society of Clinical Hypnosis. He has completed training in EMDR Level I And II. Dr. Chefetz is a member of the Washington Psychoanalytic Society, the American Psychiatric Association, The American Academy of Psychoanalysis and Dynamic Psychiatry, The International Society for the Study of Trauma and Dissociation, and the American Society of Clinical Hypnosis.

### **CURRENT POSITION:**

*Private Practice of Psychiatry, Secretary, New Washington School of Psychiatry*

### **PREVIOUS POSITIONS:**

*President, International Society for the Study of Dissociation (ISSD): 2002-2003, Co-Director: Dissociative Disorders Psychotherapy Training Program, ISSD (2001-present), Chevy Chase Psychotherapy Associates (June 1995-September 1999), Director of Post-traumatic and Dissociative Disorders Services, Director of Hypnotherapy, The Medical Illness Counseling Center, Chevy Chase, Maryland (July 1992-June 1995); Consultant: National Cancer Institute, Pediatrics Branch, Bethesda, Maryland; Consultant: Meyer Treatment Center, Washington School of Psychiatry; Outpatient Chief Resident and Resident in Psychiatry, The Sheppard and Enoch Pratt Hospital, Towson, Maryland (1989-1992); Private Practice of Psychiatry, 4545 42nd St. N.W., Washington, D.C.; Solo Practice-Family Practice, Madison Family Practice Center, Inc., Madison, Virginia 1979-1989; Clinical Preceptor, Family and Adult Nurse Practitioner Program, School of Nursing, University of Virginia, 1982-1988; Medical Examiner, County of Madison, Virginia; Resident in Family Practice, Blackstone Family Practice Center, Blackstone, Virginia, 1977-1979, Intern, Family Practice, Medical College of Virginia, Richmond Virginia, 1976-77; Extern, Richmond Eye Hospital, Richmond, Virginia, 1973-1976.*

### **EDUCATION:**

*Lehigh University, Bethlehem, Pennsylvania, B.C. 1972; Medical College of Virginia, Richmond, Virginia, M.D., 1976; Washington School of Psychiatry, Washington, D.C., Advance Psychotherapy Training Program, 1982-85.*

### **FACULTY:**

*Founding Member, at the Institute of Contemporary Psychotherapy & Psychoanalysis (Self Psychology), New Washington School of Psychiatry; Faculty Washington-Baltimore Center for Psychoanalysis; Distinguished Visiting Lecturer: William Alanson White Institute of Psychoanalysis and Psychiatry, in New York City*

**MEDICAL LICENSES:** District of Columbia, MD18195 /11-30-26, Maryland, M29277 /9-30-26, Virginia, 0101028280 /11-30-26, New York, 285771 10-31-27/ Florida Telehealth TPME1018, 11-01-27/ California G183244/11-30-26

**Editorial Boards: Journal of Trauma and Dissociation (2009-), Psychodynamic Psychiatry (currently J of Am Acad Psychoanalysis & Dynamic Psychiatry (2012-**

**Reviewer: Journal of Trauma and Dissociation, Psychoanalytic Dialogues, Psychoanalytic Psychology, American Family Physician, Psychological Trauma: Theory, Research, Practice, and Policy, Psychodynamic Psychiatry, Psychiatry: Biological and Interpersonal Processes, Journal of Nervous and Mental Diseases**

## **PUBLICATIONS:**

Chefetz, R. A. (2026). *The Social Not-me: Trauma, Shame, Racism, and Dissociation: A view through the lens of Toni Morrison's The Bluest Eye*. *Psychoanalytic Inquiry*, 1-13.

Chefetz, R. A. (2025). *Some Additional Curiosity About When Adaptation to Developmental Adversity Becomes a Trauma*. *Clinical Neuropsychiatry*, 22(5), 384.

Chefetz, R. A., et al. (2023). "When daydreaming becomes maladaptive: phenomenological and psychoanalytic perspectives." *Psychoanalytic Psychotherapy*: 1-20.

Chefetz, R. A. (2023). "The curious reader's guide to dissociation: understanding dissociative processes, a Commentary." *Psychoanalytic Psychotherapy* 37(4): 300-318.

Chefetz, R. A. (2022). "The quest to understand and resolve persistent dissociative processes: A discussion of Levy and Shalgi, "Imagination and fantasy: The dialectic nature of the encounter with trauma and dissociation". " *Psychoanalytic Dialogues* 32(1): 76-86.

Chefetz, R. A. (2022). "Did Philip Bromberg Know He Was Treating DID? Does It Matter?" *Contemporary Psychoanalysis* 58(2-3): 310-320.

Chefetz, R. A. (2021, in press). *Humiliation is Not Just About the Intent to Shame and Degrade*. In D. J. Siegel, Schore, A.N., Cozolino, L. (Ed.), *Interpersonal Neurobiology and Clinical Practice* (pp. 368). New York: W.W.Norton.

Chefetz, R. A. (2020). *Shame and the Developmental Antecedents of Enduring, Self-Critical Mental States: A Discussion and Some Speculations*. *Psychiatry*, 83(1), 25-32.

Chefetz, R. A. (in press). *Attackments: Subjugation, shame, and the attachment to painful affects & objects*. (Paper presented at the Shame Matters, London, England, September 2018).

Chefetz, R. A. (2019). *Dissociative processes bias the psychodynamics underlying the subjective experience of self and the organization of mind*. In *Contemporary Psychodynamic Psychotherapy* (pp. 295-305): Elsevier.

Chefetz, R. A. (2017). *Dignity is the Opposite of Shame, and Pride is the Opposite of Guilt*. *Attachment*, 11(2), 119-133.

Chefetz, R..A (2017): *Issues in Consultation for Treatments with Distressed Activated Abuser/Protector Self-States in Dissociative Identity Disorder*, *Journal of Trauma & Dissociation*, Vol. 18 No. 3, 465-475.

Chefetz, R. A. (2017). *Hysteria and Dissociative Processes: A Latent Multiple Self-State Model of Mind in Self Psychology*. *Psychoanalytic Inquiry*, 37(2), 82-94.

Chefetz, R. A. (2016). *Sexual thoughts and feelings in the countertransference: Can we dance to the music, safely?* In R. B. Gartner (Ed.), *Trauma and Countertrauma, Resilience and Counterresilience*. New York: Routledge.

Chefetz, R. A. (2016). *The personal diagnostic crisis: The acknowledgement of self-states in DID*. In E. Howell & S. Itzkowitz (Eds.), *The dissociative mind in psychoanalysis: Understanding and working with trauma* (pp. 200-209). New York: Routledge.

Chefetz, R. A. (2015). *Commentary on Worrell and Denham: The fragmented sense of self is an epiphenomenon in dissociative disorders: Deactivation of dissociative processes in the relationship with self and others informs clinical trajectories*. In D. J. Moseley & G. Gala (Eds.), *Philosophy and Psychiatry: Problems, intersections, and new perspectives* (pp. 238-248). New York: Routledge.

Chefetz, R.A. (2015) *Intensive Psychotherapy for Persistent Dissociative Processes: The Fear of Feeling Real*,

*Interpersonal Neurobiology Series, W.W. Norton, N.Y.*

Chefetz, R. A. (2013). "A fluctuating capacity to mentalize: Affect scripts and self-state systems as (not so) "strange attractors": A discussion of Margy Sperry's "Putting our Heads Together: Mentalizing Systems". Psychoanalytic Dialogues 23(6): 708-714.

Chefetz, R.A. (2010) "T" in Interpellation Stands for Terror: Commentary on Paper by Orna Guralnik and Daphne Simeon, Psychoanalytic Dialogues, 20:417-427.

Chefetz, R.A. (2010) Life as Performance Art: right and left brain function, implicit knowing, and "felt coherence" in Petrucelli, J., Knowing, Not-Knowing, and Sort-of Knowing, Karnac

Chefetz, R. A. (2009) Waking the Dead Therapist, Psychoanalytic Dialogue, 19:4, 393-404

Chefetz, R. A. (2008) Nolens Volens out of darkness: from the depersonal to the "really" personal; discussion of Nina Farhi: In the Beginning There Was Darkness: images across the void, Contemporary Psychoanalysis, 44:1, 18-40.

Chefetz, R. A. (2006). Considering medication use in the wake of traumatic experience: neurobiology, affect dysregulation, and the psychiatrist as a witness who may also prescribe. *Violent Death: Resilience and Intervention Beyond the Crisis*. E. K. Rynearson. New York, Routledge: 123-144.

Chefetz, R. A. (2006). I wish I didn't know now what I didn't know then. *Longing: Psychoanalytic Musings on Desire*. J. Petrucelli. New York, Karnac: 61-74.

Guest Editor, *Psychiatric Clinics of North America*, March 2006, *Dissociative Disorders in the 21st Century: An enlarging window into the psychobiology of mind*.

Guest Editor, *Psychiatric Annals*, August 2005, *Neuroscientific and Therapeutic Advances in the Dissociative Disorders*

Chefetz, R. A. (2006) Preface: Why should you read these articles on Dissociative Processes? In: *Dissociative Disorders: An Expanding Window into the Psychobiology of the Mind*, Psychiatric Clinics of North America, 29, xv-xxii

Chefetz, R. A. (2005). "A 27 year old woman evaluated for self-mutilation" Case Challenges, Psychiatric Annals 35(8): 626-9

Chefetz, R. A. (2005). "Editorial:Neuroscientific and therapeutic advances in the dissociative disorders" Psychiatric Annals 35(8): 622-4.

Chefetz, R. A. (2005). "A cognitive psychoanalytic perspective on the treatment of complex dissociative disorders." Psychiatric Annals 35(8): 657-665.

Chefetz, R.A. (2004) The Paradox of "Detachment Disorders": Binding-Disruptions of Dissociative Processes, Commentary on "Cherchez la Femme, Cherchez la Femme: A Paradoxical Response to Trauma," Psychiatry, 67:3, 246-255.

Chefetz, R.A. (2004) Book Review: Charles Whitfield, The Truth About Depression: Choices for Healing, The Journal of Nervous and Mental Disease, 192-11: 803.

Chefetz, R.A. & Bromberg, P.M. (2004) Talking with "Me" and "Not-Me": A Dialogue. Contemporary Psychoanalysis, 40-3: 409-464.

Chefetz, R.A. (2004) "Reassociating Psychoanalysis and Dissociation" Book Review: Ira Brenner, Dissociation of Trauma: Theory, Phenomenology, and Technique, Contemporary Psychoanalysis, 40:1, 123-133.

Chefetz, R.A. (2003) Healing Haunted Hearts---Toward a model for integrating subjectivity: Commentary on Papers by Philip Bromberg and Gerald Stechler, Psychoanalytic Dialogues, 13:5, 727-742.

Chefetz, R.A. (2003) (Editorial) On matters of mattering, Journal of Trauma & Dissociation, 4(1): 1-4

Chefetz, R.A. (2002) Book Review: "Unformulated Experience: From Dissociation to Imagination in Psychoanalysis" by Donnel Stern, Journal of Trauma & Dissociation, 3:2

Chefetz, R.A. (2001) Book Review: "Being of Two Minds: The Vertical Split in Psychoanalysis and Psychotherapy" by Arnold Goldberg, Journal of Trauma & Dissociation, 2:2

Chefetz, R.A. (2001) (in Italian) The fate of the self in dissociative identity disorder, KOS, 191/192, 18-27.

Guest Editor (2000) Psychoanalytic Inquiry: Multi-modal Treatment of Complex Dissociative Disorders, 20:2.

Chefetz, R.A. (2000) Editorial: "On Disbelief," Psychoanalytic Inquiry, 20:2, 186-193.

Chefetz, R.A. (2000) "Disorder in the Therapist's View of the Self: Working with the Person with Dissociative Identity Disorder," Psychoanalytic Inquiry, 20:2, 305-329.

Chefetz, R.A. (2000) "Affect Dysregulation as a Way of Life," The Journal of the American Academy of Psychoanalysis, 28:2, 289-303

Chefetz, R.A. (2000) "Memory, Pain, Agitation, and Dissociation," Commentary on Scherder, E.J.A. Low Use of Analgesics in Alzheimer's Disease: Possible Mechanisms, Psychiatry, 63:1, 18-22.

Chefetz, R.A. (1999) Letter to the Editor: The Recovered Memory Controversy- Response to Mary Target: Book Review-The Recovered Memory Controversy (1998) vol. 79:5, International Journal of Psychoanalysis, vol. 80:2.

Guest Editor (1997) Psychoanalytically Informed Treatment of Dissociative Identity Disorder, Dissociation.

Chefetz, R.A. (1997) Editorial: "Toward Feeling You Feeling Me Feeling My Feelings," Dissociation, 10:4.

Chefetz, R.A. (1997) "Special Case Transferences and Countertransferences in the Treatment of Dissociative Identity Disorder," Dissociation, 10:4, 255-265.

Chefetz, R.A. (1997) "Abreaction: Baby or Bathwater?," Dissociation, 10:4, 203-, 213.

## **FORENSIC PSYCHIATRY**

### **Expert Witness:**

**Stevens v. United States**, case number 9:03-cv-81110 (S.D. Fla.), for the U.S. Department of Justice. This was a civil suit brought against the Government in the case of the anthrax mailings, the Amerithrax Investigation. Report: August 1, 2011. Deposition: September 23, 2011.

### **PRESENTATIONS:**

"The Erotic Transference and the Myth of the Wounded Healer," The Sheppard and Enoch Pratt Hospital Annual Scientific Day, Clarence G. Schulz Prize Paper, October 5, 1991.

"Laius, Sadism and the Good Enough Father," Grand Rounds, The Sheppard and Enoch Pratt Hospital, March 15, 1992.

"The Erotic Countertransference," The Seventh Regional Conference on Trauma, Dissociation, and Multiple Personality, Akron General Medical Center, Akron, Ohio, April 25, 1992.

"The Erotic Countertransference and Therapeutic Action," Conference on Countertransference and Therapeutic Action, Washington School of Psychiatry, December, 5, 1992.

“Outpatient Treatment Challenges in the Patient with Multiple Personality Disorder,” Symposium on Violence and Trauma: Post-Traumatic, Dissociative, and Multiple Personality Disorders, American Day Treatment Center, Chevy Chase, Maryland, January 16, 1993.

“The Erotic and Traumatic Transference-Countertransference Matrices,” The Fifth Annual Eastern Regional Conference on Abuse and Multiple Personality Disorder, co-presented with Christine Courtois, Ph.D., June 5, 1993.

“The Clinical Context of the Dissociative Defensive Array,” 40th Annual Chestnut Lodge Symposium, Dissociative Disorders: Multiple Perspectives, October 7, 1994, invited.

“Post-Traumatic Stress Disorder and Depression,” Fairfax Hospital Department of Psychiatry, Grand Rounds, October 12, 1994.

“The Defensive Structure of the Patient with a Complex Dissociative Disorder,” National Naval Medical Center, Department of Psychiatry, Grand Rounds, October 26, 1994.”

“A Psychodynamic Reference Frame for the Treatment of Complex Dissociative Disorders,” In-Service, Meyer Treatment Center, Washington School of Psychiatry, March 10, 1995, invited.

“Diagnosis and Rapid Stabilization of Persons with Complex Dissociative Disorders,” Sixth National Health Care for the Homeless Conference, Nashville, Tennessee, May 12, 1995, invited.

“The Erotic Countertransference,” International Society for the Study of Dissociation, September 12, 1995, Orlando, Florida.

“The Traumatic Countertransference,” International Society for the Study of Dissociation, September 12, 1995, Orlando, Florida.

“The Erotic and Traumatic Transference and Countertransference,” Symposium on the Fusion of Aggression and Sexuality in the Treatment of Post-Traumatic Disorders, International Society for the Study of Traumatic Stress, Co-presented with Christine Courtois, Ph.D., November 6, 1995, Boston, Mass., invited.

“Working in the Countertransference: Erotic and Traumatic Themes,” Eighth Annual Eastern Regional Conference on Abuse Trauma and Dissociation, June 1, 1996, invited.

“Diagnosis and Rapid Stabilization of Persons with Complex Dissociative Disorders,” 7th National Health Care

for the Homeless Conference, Washington, D.C., June 7, 1996, invited.

“The Creation of a “..Creature that has Never Been..,” Discussion of a paper: “The Development of More Than a Binary Self, Karen Yadley Cobb, Psy.D., the 19<sup>th</sup> Annual Conference on the Psychology of The Self, Washington, D.C., October 19, 1996

“The Erotic Transference and Countertransference: View Through a Sadomasochistic Matrix,” 13th Annual Fall Conference, International Society for the Study of Dissociation, November 8-10, 1996, San Francisco, California.

“The Traumatic Transference and Countertransference: View Through a Sadomasochistic Matrix,” 13th Annual Fall Conference, International Society for the Study of Dissociation, November 8-10, 1996, San Francisco, California.

“The Use of a Sadomasochistic Matrix in the Treatment of Severe Psychological Trauma, A Self Psychology Approach,” 13th Annual Fall Conference, International Society for the Study of Dissociation, November 8-10, 1996, San Francisco, California.

“The Territorial Self and Its Sadomasochistic Variant in the Treatment of Severe Psychological Trauma,” Workshop on Trauma and Disorders of the Self, 40th Winter Meeting, The American Academy of Psychoanalysis, December 5-8, 1996, Scottsdale, Arizona.

“Abreaction: Baby or Bathwater,” Presentation and Chairperson of Panel: Effective Psychoanalytic Technique and Its Theory in the Treatment of Dissociative Identity Disorder, 14<sup>th</sup> International Fall Conference of the International Society for the Study of Dissociation, Montreal, November 8-11, 1997.

“An Eclectic, Multidisciplinary Approach to Transference and Countertransference in Post-Traumatic and Dissociative Disorders,” A workshop, with Christine Courtois, Ph.D., 13<sup>th</sup> Annual Meeting, The International Society for Traumatic Stress Studies, Montreal, November 6-10, 1997.

“Personified Ego-States, Affect, and Sadomasochism,” (Invited) Discussion of paper by Charles Olsen, M.D., Scientific Meeting, Washington Psychoanalytic Society, Washington, D.C., September 12, 1998.

“Cutting, Burning, and Sadomasochism,” A half day workshop at the Annual Meeting of the District of Columbia Psychological Association, Washington, D.C., November 6, 1998

“Affect Theory in the Understanding and Treatment of Dissociative Disorders,” A half day workshop given at the 15<sup>th</sup> Annual Meeting of the International Society for the Study of Dissociation, Seattle, Washington, November 14, 1998.

“Abreaction: Baby or Bathwater?,” paper as part of symposium on: Psychoanalytic Approaches to the Treatment of Dissociative Disorders, 15<sup>th</sup> Annual Meeting of the International Society for the Study of Dissociation, Seattle, Washington, November 13, 1998.

“Attachment Theory, SelfObject Transferences, and Motivational Systems: A Traumatology Perspective,” Co-presented with Christine Courtois, Ph.D., and William Picon, Ph.D., 14<sup>th</sup> Annual Meeting of the International Society for Traumatic Stress Studies, Washington, D.C., November 23, 1998.

“Personified Self-States, Affect, and Sadomasochism,” Paper given and chair of panel entitled: Dissociative Processes: A fundamental of intrapsychic life,” 43<sup>rd</sup> Annual Meeting, The American Academy of Psychoanalysis, Washington, D.C., May 15, 1999

“Affect Dysregulation as a Way of Life,” Paper given at the 44<sup>rd</sup> Annual Meeting, The American Academy of Psychoanalysis, New York, New York, January 6, 2000.

“Meta-subjectivity,” Paper given at the Annual Scientific Meeting of the Institute of Contemporary Psychotherapy & Psychoanalysis, Washington, D.C., September 25, 2000.

“Everything You Didn’t Want to Know About Trauma, but Need to Ask,” Department of Health and Human Services EAP, Washington, D.C., November 27, 2001

“The Incoherent Self,” International Society for the Study of Dissociation, New Orleans, December 4, 2001.

“Sadomasochism, Dissociative Processes, and The Countertransference Response Called “Splitting,” Dialogues for Advanced Clinicians, Advanced Psychotherapy Training Program, Washington School of Psychiatry, Washington, D.C., January 12, 2002.

“Dolores, A So Called Bad Hysteric and the Paradigm of Self-Organizing Systems,” A Discussion of Philip Bromberg, Ph.D.: “One need not be a house to be haunted,” and Gerald Stechler, Ph.D.: “When you come to a fork in the road, take it!--- Why are some traumas traumatic?” (Invited) The First Annual Meeting of The International Association for Relational Psychoanalysis & Psychotherapy, January 18-20, 2002 New York City.

“The Brain and the Body are Part of the Mind,” Presentation to the Washington Professionals for the Study of Psychoanalysis (Div 39, APA), Washington, D.C., February 4, 2002.

“Isolated Subjectivity and Dissociative Processes” (Invited) Presentation to the Ottawa Psychoanalytic Society, Ottawa, Canada, May 26, 2002.

“The Body is Part of the Mind: Psychoanalytic Theory Meets Neurobiologic Reality: Touching with Words,” (invited) Psychological Trauma: Maturational Processes and Therapeutic Interventions, May 30,31, June 1, 2002, Boston University School of Medicine, Division of Psychiatry and The Trauma Center, A Program of Arbour Health System, Boston, MA

“Talking with Me & Not-Me, A Dialogue,” (invited, with Philip M. Bromberg, Ph.D.) The William Alanson White Institute, The Mount Sinai Medical Center, October 12, 2002.

Outpatient Psychopharmacology for the Dissociative Disorders, International Society for the Study of Dissociation, Baltimore, November 9-12, 2002.

Implications of Neurobiological Reality for the Psychoanalytic Psychotherapy of the Dissociative Disorders, International Society for the Study of Dissociation, Baltimore, November 9-12, 2002

Sadomasochism and the Dissociative Disorders, Workshop with Elizabeth Howell, Ph.D., International Society for the Study of Dissociation, Baltimore, November 9-12, 2002

“The Things We Carry: Trauma, Vulnerability, and Resilience,” Post 9-11 Psychiatry: Challenges and Changing Perspectives, Sheppard Pratt Health System, June 7, 2003, Towson, Maryland (invited)

The Body is Part of the Mind: Psychoanalytic Theory and Technique Meet Neurobiological Reality, or, “Body Work with Words,” Harvard Medical School Department of Continuing Education, 14<sup>th</sup> Annual Summer Seminars, August 11-15 (invited)

Fishing in Dissociative Waters: Power, Subjectivity, and Relatedness, Plenary Speech, 20<sup>th</sup> Annual Meeting, Fall International Meeting, International Society for the Study of Dissociation, Chicago, Illinois, November 4, 2003.

“I Wish I Didn’t Know Now What I Didn’t Know Then,” invited panelist, Longing: Psychoanalytic Musings on Desire, The William Alanson White Institute, October 24, 2004.

Dissociation in the Mainstream: Anthony Ryle’s multiple self states model of identity disturbance, critique, with Elizabeth Howell, Ph.D., 21<sup>st</sup> Annual Fall Meeting of the International Society for the Study of Dissociation, Friday November 19, 2004, New Orleans.

Brain Alterations-Brain Plasticity? An evening of dialogue on recent neurobiological findings and how they influence our understanding of dissociation, Moderator, 21<sup>st</sup> Annual Fall Meeting of the International Society for

the Study of Dissociation, Friday November 19, 2004, New Orleans.

Treatment of Complex Trauma, Dissociation, the Missing Link, with Don Fridely, Ph.D., and Paul Dell, Ph.D., 21<sup>st</sup> Annual Fall Meeting of the International Society for the Study of Dissociation, Saturday November 20, 2004, New Orleans

“Diss’ing the Self: An Exploration of Dissociative Adaptations,” ISSD Professional Development Seminar: The Dissociative Self: Integrating Neuroscience and Clinical Practice: Mind and Body in the Treatment of Psychological Trauma, Friday, February 11, 2005

“Searching for a Coherent Mind: Implicit Processes in Dissociative Identity Disorder,” ISSD Professional Development Seminar: The Dissociative Self: Integrating Neuroscience and Clinical Practice: Mind and Body in the Treatment of Psychological Trauma, Friday, February 11, 2005

“Switching Behaviors: An Alternative to Normal Affect Regulation: Video and Discussion,” ISSD Professional Development Seminar: The Dissociative Self: Integrating Neuroscience and Clinical Practice: Mind and Body in the Treatment of Psychological Trauma, Friday, February 11, 2005

“Body Work with Words: Weaving a Psychotherapy from Psychodynamics, Hypnotherapy, and EMDR: Video and Discussion,” ISSD Professional Development Seminar: The Dissociative Self: Integrating Neuroscience and Clinical Practice: Mind and Body in the Treatment of Psychological Trauma, Friday, February 11, 2005

“Dissociative Mindedness,” Case Discussion of a Case of DID, 22<sup>nd</sup> Annual Fall Meeting of the International Society for the Study of Dissociation, Toronto, Ontario, Canada, Monday November 7, 2005.

Depersonalization, Workshop at the Washington Society of Psychoanalytic Psychotherapy, Friday, January 20, 2006 (invited)

The Little Engine Who Could: Putting Dissociative Processes to Work, National Institute for the Psychotherapies, Training Institute: The Trauma Dialogues: Body, Mind, and Affect, Saturday, February 6, 2006 (invited)

“Affective Neuroscience and Dissociation,” The Dissociative Mind, Adelphi University, Saturday, April 1, 2006

“Dissociation and the Psychesoma,” The Dissociative Mind, Adelphi University, Saturday, April 1, 2006

“Suffering as Affect Regulation,” 26<sup>th</sup> Annual Meeting, Division 39, American Psychological Association, April 22, 2006, Philadelphia, Pa. (invited)

“Falling from the Depths of Experience,” Asleep in His Chair,” Waking the Dead Analyst,” Massachusetts Institute of Psychoanalysis, Boston, May, 2006 (presentation in three parts, invited panelist).

Plenary, “Dissociative Processes and Affect: A window into the treatment of complex trauma,” Trauma and Dissociation Israel, Tel Aviv, May 23, 2006.

Plenary, “The Dissociative Mind: A clinical exploration of dissociative experience: interviewing a patient with a dissociative disorder,” Trauma and Dissociation Israel, Tel Aviv, May 24, 2006.

Plenary, “The Neurobiology of Dissociative Processes and Its Clinical Presentation,” Trauma and Dissociation Israel, Tel Aviv, May 24, 2006.

Discussant: “A Paradigms Shift: The Dissociative Mind, by Elizabeth Howell, 23<sup>rd</sup> International Fall Conference of the International Society for the Study of Dissociation, Los Angeles, California, Friday, November 10, 2006

Panel Discussant: “Listening and learning in the process of enactment: An “Impossible” case of DID,” 23<sup>rd</sup> International Fall Conference of the International Society for the Study of Dissociation, Los Angeles, California, Saturday, November 11, 2006

“The Delusion of Separateness in the Dissociative Disorders,” Adelphi University, Derner Institute, February 21, 2007 (invited)

Invited Plenary and Workshop: “Different Ways of Being and the Delusion of Separateness,” Boundaries in Trauma Treatment,” Intensive Trauma Therapy, Inc, Morgantown, West Virginia, May 4, 2007 (invited).

Workshops: “Different Ways of Being and Self as Process,” “Archetypes of Organization: A Parts Manual of Different Ways of Being Me, section I-DID, section II-DDNOS”, Invited, Institute of Contemporary Psychotherapy New York, New York, October 5, 2007.

“Waking the Dead Analyst,” Panel: Me, Not-Me, Sort-of-Me: Dissociation, Trauma and Multiple Code Theory, Division 39, American Psychological Association, New York City, April 10, 2008.

“Suicide,” Panel: Dangerous Dissociations, Division 39, American Psychological Association, New York City, April 13, 2008.

“Working with Shame in the Context of Self-States in a Person with Dissociative Identity Disorder,” American Academy of Psychoanalysis, May 2008, Washington, D.C. (invited)

Six Workshops, “Treating Dissociative Reactions to Trauma in Adults,” “Subjectivity and Attachment,” “Transference and Countertransference,” “Video Review, Working with Shame,” “Affect and Dissociation, the Golden Thread,” Maryland Psychological Association, Friday, September 26, 2008, Columbia, Maryland (invited).

Six Workshops, “Treating Dissociative Reactions to Trauma in Adults,” “Subjectivity and Attachment,” “Transference and Countertransference,” “Video Review, Working with Shame,” “Affect and Dissociation, the Golden Thread,” Tampa Bay Institute for Psychoanalytic Studies, Saturday, October 25, 2008, Tampa, Florida (invited).

Panel Discussant: “The Diagnostic Landscape: Differential Diagnosis of Complex Trauma Disorders, 25<sup>th</sup> International Fall Conference of the International Society for the Study of Trauma and Dissociation, Chicago, Illinois, Monday, November 17, 2008

“Erotic and Traumatic Transference and Countertransference,” American University Counseling Service, October, 2009, Washington, D.C. (Invited)

“Working with Intense Shame in Complex Trauma and Dissociation,” “What Really Happens in Dissociation,” “Affect Theory for the 21<sup>st</sup> Century: Coherence, Affect, and Mentalization, Royal Australia and New Zealand College of Psychiatrists, Section on Psychotherapy, workshop, and plenaries, October 30-November 1, 2009, Surfer’s Paradise, Queensland, Australia (Invited)

Pre-Conference Institute, Panel Member: Basic Workshop on Treating Complex Trauma and Dissociation, 26<sup>th</sup> International Fall Conference of the International Society for the Study of Trauma and Dissociation, Washington, D.C., Friday, November, 20, 2009.

Panel on Suicidality: “I’ll Put My Brain in a Cigar Box (Chefet),” and Other Clinical Vignettes: Helpful Strategies in the Treatment of Complex Trauma Patients Who Present with Chronic Suicidal, Self Harm, and Other Behaviors that Create High Distress in Their Therapists, 26<sup>th</sup> International Fall Conference of the International Society for the Study of Trauma and Dissociation, Washington, D.C., Friday, November 20, 2009.

“Recognizing and Exploring Dissociative Processes,” Grand Rounds, St. Elizabeth’s Hospital, May 6, 2010, Washington, D.C. (invited)

“Trauma and Dissociation: Bringing Theory into Practice,” Foundation Innocenti, Bucharest, Romania, June, 2010 (Invited)

Panel Member, “Conducting Effective Trauma Therapy and Tens Ways It Can Go Wrong,” 27<sup>th</sup> International Fall Conference of the International Society for the Study of Trauma and Dissociation, Atlanta, Friday, October 15, 2010.

Panel Member: “Precious, Raising Social Consciousness About Abuse,” 27<sup>th</sup> International Fall Conference of the International Society for the Study of Trauma and Dissociation, Atlanta, Friday, October 15, 2010.

Panel Member, “Perspectives on Working with Suicidality and Para-Suicidality,” paper: “I’m Not Talking with You!,” 27<sup>th</sup> International Fall Conference of the International Society for the Study of Trauma and Dissociation, Atlanta, Friday, October 15, 2010.

“Sexual Acting-Out as a Symptom of Dissociative Disorders,” International Society for the Study of Dissociation Regional Seminar, April 1, 2011, workshop, Washington, D.C. (Invited)

“A Medication Consultation for OCD and Body Dysmorphic Disorder,” A Dialogue on the Impact of Psychotherapy and Medication on Development of Mind, Washington School of Psychiatry and Suburban Hospital, Bethesda, Maryland, May 22, 2011 (Invited)

“The Orderly Disorder of Dissociative Processes,” Rapaport-Klein Study Group Meeting, Austen Riggs Hospital, Stockbridge, Massachusetts, June 4, 2011 (Invited)

“Psychotherapy for Trauma and Dissociation: Bringing Theory into Everyday Practice,” Timisoara (West University) June 13/14 and Bucharest (Spiru Haret University), Romania, 16/17, 2011 (Invited).

“400 Years of Treating Dissociation: Perspectives and Insights from Experienced Therapists,” Thomas Carlton, Richard Chefetz, Peter Maves, and Kathy Steele, Annual Meeting of the International Society for the Study of Trauma and Dissociation, Los Angeles, October 20, 2012 (invited)

“The Challenges of Clinical Supervision in Trauma,” Panel with Diane Adelstein, (chair) Christine Courtois, Richard Chefetz: “Negative Therapeutic Reaction, Sadistic Countertransference, and the Dedicated Therapist,” Annual Meeting of the International Society for the Study of Trauma and Dissociation, Baltimore, Maryland, November 17, 2013

“Everyday Faces of Dissociation, Sexual Addiction, and Negative Therapeutic Reaction, with Kathryn J. Chefetz, LICSW, Boulder Institute of Psychotherapy Research, November 23, 2013 (invited)

“Relentless Shame, Sexual Addiction and Negative Therapeutic Reaction,” Center for Psychotherapy and Psychoanalysis of New Jersey, Fairleigh Dickinson University, March 8, 2014. (invited)

“Relentless Shame, Sexual Addiction and Negative Therapeutic Reaction,” New England Society for the Treatment of Trauma and Dissociation, Waltham, Massachusetts, April 4 (clinical intensive) and 5th, 2014. (invited)

“A Framework for Resolution and Healing of Toxic Shame,” Washington School of Psychiatry, Washington, D.C., June 13, 2014

“10 Things to Explore on the Road to Discovering Dissociative Processes in Your Casework,” Boulder Institute for Psychotherapy Research,” November 22, 2014, Boulder, Colorado

“The Neuroscience of the Traumatized Mind: A Dissociative Process Perspective,” Washington School of Psychiatry Neuroscience Program, Washington School of Psychiatry, Washington, D.C., January 29, 2015.

“Entering a Mind Filled with Relentless Shame: A Frame for Exploration and Engagement in Psychotherapy,” Bruce A. Gibbard, M.D., Memorial Lecture, (invited), Department of Psychiatry, University of Vermont College of Medicine, Burlington, Vermont, March 27, 2015.

“Negativity and Negative Therapeutic Reaction: Negativity as Paradoxical Personal Power,” (invited), Department of Psychiatry, University of Vermont College of Medicine, Burlington, Vermont, March 27, 2015.

“10 Things to Explore on the Road to Discovering Dissociative Processes in Your Casework,” Washington School of Psychiatry, Washington, D.C., April 10, 2015

“Relentless Shame, Sexual Addiction and Negative Therapeutic Reaction,” International Society for the Study of Trauma and Dissociation, Orlando, Florida, April 19, 2015

“An Affect-Regulation Model for Treatment of the Dissociative Disorders,” International Society for the Study of Trauma and Dissociation, Orlando, Florida, April 20, 2015

“Self-states: What They Are, What They Aren’t, and How to Make Them Part of a Psychotherapy,” Boulder Institute for Psychotherapy Research,” Boulder, Colorado, November 21, 2015.

“Catastrophic Shame and the Self: How to work with toxic self-protection that has become a way of life,” Psychiatric Institute of Washington, March 11, 2016 (invited)

“Catastrophic Shame,” International Society for the Study of Trauma and Dissociation, April 4, 2016, 4 hour workshop (invited)

“Metaphor, Mind, and Dissociative Processes,” International Society for the Study of Trauma and Dissociation, April 3, 2016, panel

“Relational Approaches to Perpetrator Introjects,” International Society for the Study of Trauma and Dissociation, April 3, 2016, panel

“Intensive Psychotherapy for Persistent Dissociative Processes,” Prince Edward Island Trauma Training Seminars, Charlottetown, PEI, June 6, 7, 2016, two day (12 hours) workshop (invited)

“Self-states: What They Are, What They Aren’t, and How to Make Them Part of a Psychotherapy,” International Society for Schema Therapy, July 1, 2016, Vienna, Austria, Plenary (invited)

“Understanding and Treating Catastrophic Shame,” EMDR International Association, August 27, 2016, Minneapolis, Minnesota, Plenary (invited)

Panel: “Countertrauma: Resilience and Counterresilience,” Sexual thoughts and feelings in the countertransference: Can we dance to the music, safely? Listening to Trauma, George Washington University, Washington, D.C., October 21, 2016

“Self-States and Dissociative Processes: Exploring the Subjective Locus of the Trauma Wound, Listening to Trauma, George Washington University, Washington, D.C., October 22, 2016, Plenary (invited)

“Intensive Psychotherapy for Persistent Dissociative Processes,” Minneapolis Psychoanalytic Society and Institute and the Minnesota Trauma Project, October 28 and 29, Minneapolis, Minnesota (2 day, 12 hours) (invited)

“Intensive Psychotherapy for Persistent Dissociative Processes,” ISSTD Regional Seminar, Chicago, Illinois, November 11, 2016 (1 day, 6 hours) (invited)

“Intensive Psychotherapy for Persistent Dissociative Processes,” Chicago, Illinois, November 11, 2016 (1 day, 6 hours) (invited)

Workshops and presentations for 2017 through 2024, are not yet added, but include Washington Society for Psychoanalytic Psychology March 2021, American Psychoanalytic Association, NYC, Feb 2021, Harvard/McLean Hospital Hill Center, November, 2019, Perth, Western Australia, September, 2019, Christchurch, New Zealand, September 2019, Tel Aviv, Israel, February, 2019, Washington, D.C., January 2019, Milwaukee, Wisconsin, November 2018, Chester, U.K. June 2018, Philadelphia, Pa. April 2017, Sao Paulo,

Brazil, October 2017, Baltimore, Maryland October 2017, and ISSTD meetings in 2017,18, 19, 20.