

David Gaffney has 40+ years of clinical social work experience, serving in positions from line staff to Director of Behavioral Health before arriving at the VA, where he has served for 21 years. He currently is a Clinical Social Worker at the Aleda E Lutz VAMC in Saginaw, Michigan, providing psychotherapy, hypnotherapy, biofeedback and mindfulness training in the MH Integrated Pain Clinic. He also runs a private practice in the Mid-Michigan area.

David serves with the VA National Office of Mental Health as consultant for the VA CBT-Chronic Pain program and serves for the VA OPCC&CT (Office of Patient-Centered care and Cultural Transformation) in the IHCC (Integrative Health Coordinating Center) as the VA National Champion for hypnosis and guided imagery and national subject matter expert for biofeedback, hypnosis and guided imagery. David is also the Director of Training at D. K. Associates, a Midwest-based behavioral healthcare training organization, and has served on the board for the MidWest Society of Behavioral Medicine and Biofeedback.

David has been teaching psychotherapy hypnosis and guided imagery for over 40 years as well as acting as field instructor and lecturer for multiple Michigan colleges and universities. He is a frequent presenter and trainer for multiple national professional organizations. He is co-developer of the VA national basic, intermediate and advanced Clinical Hypnosis courses and co-designer of the VA national Guided Imagery certification course and the VA "Guided Imagery for Well-Being" course.