



AMERICAN SOCIETY OF CLINICAL HYPNOSIS

CLINICAL WORKSHOP FACULTY

Level 1 February 2026

Disclosure and Biographical Information

Biological Information

Name	Biography/CV
Mary Wells, PhD Chair 	Dr. Mary Wells is a licensed clinical psychologist who has been in practice for over 30 years in the areas of rehabilitation and pain management. She completed her graduate work at George Washington University and started her career at the Washington Pain and Rehabilitation Center in Washington, DC. She went from there to VCU Health System in the Department of Physical Medicine and Rehabilitation as a rehab psychologist, providing services to a full range of rehabilitation patients on both the inpatient and outpatient service. She left VCU to work in an interdisciplinary pain clinic in the community and later went into private practice. In 2000, she joined the medical psychology department at Sheltering Arms Hospital, first as a staff psychologist and later as director of the department, a post she held for 10 years. She has recently returned to the VCU Dept. of PMR and is currently working as part of an interdisciplinary team of medical professionals at Virginia Commonwealth University Health System to provide services to patients with chronic pain due to a variety of medical conditions. She provides evaluations and psychological treatment for the management of chronic pain.
Linda Thomson, PhD, APRN, ABMH, ABHN, FASCH 	Linda Thomson is a nurse practitioner and past president of ASCH. She is an Approved Consultant and senior faculty member for ASCH. Thomson is a Diplomate of both the American Board of Medical Hypnosis and the American Board of Hypnosis in Nursing, and a Fellow of both ASCH and the Pediatric Nurse Practitioner Association. She is president of the Northeastern Mountain Society of Clinical Hypnosis. Thomson serves on the Council of Representatives for the International Society of Hypnosis. She is the recipient of ASCH Lifetime Achievement Award. She is the founder of Hypnosis for Health and Healing and co-founder of Hypnovations:



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	Clinical Hypnosis Education and Training. Harry Hypnototamus - Metaphorical Tales for Children, Volumes 1 & 2 were written by Thomson. She also created Harry Hypnototamus Imagination Cards, Learning the Lingo of Language Cards, and Stress-Free Surgery - a program to help patients prepare for and recover from surgery.
Eric Willmarth, PhD 	Dr. Willmarth is a past-president of the American Society for Clinical Hypnosis as well as the past-president of the Society for Clinical and Experimental Hypnosis and the Society for Psychological Hypnosis (APA Div. 30). He is a full professor at Saybrook University where he serves as the Chair of the Department of Applied Psychophysiology and the Coordinator of the Integrative Mental Health Specialization.
David Gaffney, MSW, LMSW 	David Gaffney is a Clinical Social Worker in Saginaw Michigan. He has been practicing hypnosis since 1976 and hypnotherapy since 1983. He currently has a private practice in Michigan as well as working at Saginaw Veteran Affairs Hospital as a mind-body therapist in the integrative pain program. David also serves as the national champion for clinical hypnosis and guided imagery for the VA Integrative Healthcare Coordinating Center. In this role, he assists in the development of training programs and quality clinicians for all VA facilities in the country.
	Prachi Garodia, M.D., ABIM, ABIHM, DipABLM, IFMCP, NBC-HWC, is a board-certified physician in internal medicine, integrative medicine, lifestyle medicine, and functional medicine, as well as a nationally board-certified health and wellness coach. She is ASCH certified in clinical hypnosis. With over 25 years of clinical experience, she has held leadership roles in Whole Health implementation within the VA system, where she also offered clinical hypnosis to veterans. She currently serves as medical director of The Healing MD, LLC, where she provides patient-centered, integrative care, including clinical hypnosis sessions. Dr.



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	Garodia continues to advance medical education, clinician well-being, and community health, and is also a published author.
	Richard Tait Goodling is a licensed clinical social worker with nearly 50 years of experience in community mental health, psychotherapy, supervision, and clinical hypnosis. He earned a BA in Psychology from East Carolina University and an MSW from Virginia Commonwealth University, beginning his career with the Virginia Department of Rehabilitative Services before serving in varied clinical roles with the Rappahannock-Rapidan and Region Ten Community Services Boards, including emergency, inpatient, outpatient, and discharge planning services; he became an LCSW in 1991 and practiced in adult outpatient care through 2006. From 1995 to 2006, he completed an intensive ten-year training in Object Relations Theory and Practice. Mr. Goodling maintained a private practice with Lewis Weber & Associates from 2006 to 2023 and continues to provide clinical supervision and consultation. He has extensive training in clinical hypnosis through the North Carolina Society of Clinical Hypnosis (NCSCH), the American Society of Clinical Hypnosis (ASCH), and Michael Yapko's advanced intensive programs, holds Approved Consultant status with ASCH, and remains active as a facilitator, supervisor, and educator; he is also a past Vice President and President of the NCSCH and a long-serving board member.

Disclosure Statements

It is the policy of the American Society of Clinical Hypnosis to ensure balance, independence, and objectivity in all its individually sponsored educational programs. ASCH requires that all individuals (this may include but is not limited to planners, committee members, faculty/speakers, staff, etc.) in a position to control and/or influence the educational content presented at a CME/CE activity, complete the disclosure process prior to their participation in the planning, development, and delivery of the CME/CE activity. These individuals must disclose relevant financial relationships in any amount with ACCME-defined ineligible companies that have occurred within the last 24 months.

An ineligible company is defined by the ACCME as any entity whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. Providers of clinical service directly to patients are not ineligible companies (unless the provider of clinical service is owned, or controlled by, an ineligible company)

All disclosure information provided to ASCH will be reviewed to ensure that no conflicts of interest exist prior to the confirmation of the individual for the educational assignment. Disclosure of relevant financial relationship(s) does not disqualify the individual from participating in the CME/CE activity; however, it requires resolution prior to their continued participation in the CME/CE activity.



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An individual who refuses to disclose relevant financial relationships will be disqualified from being a planning committee member, a teacher, or an author of CME/CE, and cannot have control of, or responsibility for, the development, management, presentation, or evaluation of the CME/CE activity.

Examples of financial relationships may include but are not limited to the following: salary, royalty, stock options, consulting fee, or other financial benefit associated with roles such as speaking and teaching, membership on advisory committees or review panels, board membership, and other activities from which compensation is received or expected-

Financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria for promotional speakers' bureau, ownership interest (e.g., stocks, stock options or other ownership interest, excluding diversified mutual funds), or other financial benefit. Financial benefits are usually associated with roles such as employment, management position, independent contractor (including contracted research), consulting, speaking, and teaching, membership on advisory committees or review panels, board membership, and other activities from which remuneration is received, or expected. Contracted research includes research funding where the institution gets the grant and manages the funds, and the person is the principal or named investigator on the grant. There is no minimum dollar amount for relationships.



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Disclosure of Conflict of Interest

All individuals in a position to control the content of CME/CE are listed below:

First Name	Last Name	Commercial Interest
Mary	Wells	No financial relationships in the past 24 months
Linda	Thomson	No financial relationships in the past 24 months
Eric	Willmarth	No financial relationships in the past 24 months