

Curious Minds: Psychedelic Therapy Meets Clinical Hypnosis

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NTSCH Advanced Workshop: Dallas, TX

September 11-12, 2026

Hybrid, Virtual/In-Person

Friday	September 11 th , 2026	CEUs
7:30-8:00	Check-in	
8:00-8:30	<p>Advanced Workshop Introduction and Overview: Exploring the intersection between psychedelic assisted therapy and clinical hypnosis</p> <p>At the conclusion of this session, the participant will be able to:</p> <ol style="list-style-type: none"> 1. Describe two similarities between hypnotic and psychedelic states 2. Identify two potential clinical applications of combining hypnosis with psychedelic therapy 	0.5
8:30-9:00	<p>Brief history of psychedelic use</p> <p>At the conclusion of this session, the participant will be able to:</p> <ol style="list-style-type: none"> 1. Describe the historical development of psychedelic therapies from indigenous traditions to contemporary clinical research 2. Identify two major milestones in the modern resurgence of psychedelic research 	0.5
9:00-10:00	<p>Introduction to psychedelics</p> <p>At the conclusion of this session, the participant will be able to:</p> <ol style="list-style-type: none"> 1. Identify four commonly studied psychedelic or psychedelic-adjacent compounds used in therapeutic settings 2. Describe at least one therapeutic mechanism associated with one compound discussed 	1
10:00-10:15	Break	
10:15-12:15	<p>Psychedelics and clinical hypnosis: Neurobiology and neuroplasticity</p> <p>At the conclusion of this session, the participant will be able to:</p> <ol style="list-style-type: none"> 1. Describe two neurobiological mechanisms associated with psychedelic states 2. Explain how neuroplasticity contributes to therapeutic change in psychedelic-assisted therapy 3. Identify two similarities between hypnotic and psychedelic shifts in attention and perception 	2
12:15-1:00	Lunch	
1:00-2:00	<p>Psychedelics and therapeutic applications</p> <p>At the conclusion of this session, the participant will be able to:</p> <ol style="list-style-type: none"> 1. Identify four mental health conditions currently studied in psychedelic-assisted therapy 2. Describe how hypnosis complements psychedelic-assisted treatment for at least one of the conditions discussed 	1
2:00-3:00	<p>Psychedelics, clinical hypnosis, and trauma therapy</p> <p>At the conclusion of this session, the participant will be able to:</p> <ol style="list-style-type: none"> 1. Describe two potential benefits of psychedelic-assisted therapy for trauma treatment 2. Identify one way clinical hypnosis can support trauma processing before or after a psychedelic session 	1
3:00-3:15	Break	
3:15-4:15	<p>Mystical experiences</p> <p>At the conclusion of this session, the participant will be able to:</p> <ol style="list-style-type: none"> 1. Describe mystical experience as described in psychedelic research literature 2. Identify two therapeutic implications of mystical-type experiences 	1

4:15-5:15	Mystical Experience Experiential and wrap up At the conclusion of this session, the participant will be able to: 1. Observe the use of hypnotic techniques to facilitate altered states of awareness 2. Have any questions answered	1
Day's CEUs		8

Saturday	September 12th, 2026	CEUs
7:30-8:00	Check-in	
8:00-8:30	Common therapeutic models in psychedelic assisted therapy At the conclusion of this session, the participant will be able to: 1. Identify three therapeutic models used in psychedelic-assisted therapy 2. Describe how one of these models aligns with hypnotherapeutic approaches	0.5
8:30-9:30	Overview - Stages of psychedelic assisted therapy At the conclusion of this session, the participant will be able to: 1. List four stages of psychedelic-assisted therapy 2. Describe the clinical purpose of each stage	1
9:30-10:00	Hypnotic techniques for preparation and session facilitation (continued after break)	0.5
10:00-10:15	Break	
10:15-12:15	Hypnotic techniques for preparation and session facilitation At the conclusion of this session, the participant will be able to: 1. Describe two strategies for psychological preparation prior to psychedelic sessions 2. Identify one hypnotic technique to facilitate/support safety 3. Describe and apply two hypnotic strategies for affect regulation	2.0
12:15-1:00	Lunch	
1:00-3:00	Hypnotic techniques for integration At the conclusion of this session, the participant will be able to: 1. Describe two goals of integration following psychedelic experiences 2. Identify two hypnotic strategies to support post-session meaning-making and integration	2.0
3:00-3:15	Break	
3:15-4:00	Ethics and Clinical Considerations At the conclusion of this session, the participant will be able to: 1. Identify two ethical considerations relevant to psychedelic-assisted therapy 2. Identify two safety considerations for psychedelic-assisted therapy 3. Have any questions about the workshop answered	0.75
4:00-5:00	Open Discussion: Q&A	1
Day's CEUs		8
Total CEUs		16

