

ASCH

2026

**ANNUAL SCIENTIFIC  
MEETINGS & WORKSHOPS**

New Frontiers in Hypnosis:  
Human Ingenuity, AI Innovation,  
and Ethical Boundaries

 **VIRTUAL**

**March 20–22, 2026**

# PANEL DISCUSSION

**When New Minds Enter Care:  
AI, the Unconscious, and  
the Future of Clinical Presence**

# RONALD ALEXANDER, PhD.



- Psychotherapist and SEP Somatic Experiencing Practitioner
- Executive and Leadership Consultant
- Executive Director of the Open Mind Training Institute
- International Recognition for the Integration of Clinical Hypnosis, Mindfulness, and Creativity in Psychotherapy
- Zen Practitioner and Meditation Teacher
- Author of Wise Mind, Open Mind and Core Creativity
- Focus on Transforming Unconscious Patterns and Cultivating Creative Resilience in Clinical and Organizational Settings

# Ran Anbar, MD, FAAP



- Board certified in both pediatric pulmonology and general pediatrics, offering hypnosis and counseling services at Center Point Medicine in La Jolla, California, and Syracuse, New York.
- Past President, Fellow, and Approved Consultant of the American Society of Clinical Hypnosis.
- Leader in clinical hypnosis, and his experiences with hypnosis since 1998 have allowed him to successfully treat over 8,000 children.
- Professor of Pediatrics and Medicine and Director of Pediatric Pulmonology at SUNY Upstate Medical University in Syracuse, New York, for 21 years
- Author of more than 70 articles, abstracts, and book chapters on pediatric functional disorders and pediatric hypnosis
- Author of the acclaimed *Changing Children's Lives with Hypnosis* (2021) and *The Life Guide for Teens* (2025), and a long-standing contributor to *Psychology Today*

# Daniela Hütwohl, Dr. med



- Neurologist
- Senior Attending Physician at the Neurological Emergency Department
- Deputy Medical Director at the Center for AI, Medical Informatics & Data Sciences (ZKIMED) at Knappschaft Kliniken University Hospital Bochum
- Medical Hypnosis (MEG Germany)
- Coauthor of “Das Haus des Wissens”
- Focus: Acute Neurology, Hypnosis, AI in Medicine

# Anita Jung, LPC-S, LPA



- Psychotherapist
- President, Central Texas Society of Clinical Hypnosis (CTSCH)
- Executive, Organizing Board, Milton H. Erickson Institute of Austin (MHEIA)
- Past President, American Society of Clinical Hypnosis (ASCH); Approved Consultant
- Past Board Member and Current Newsletter Editor, International Society of Hypnosis (ISH)
- International Presenter and Faculty
- Author of Peer-Reviewed Publications on Hypnosis and Depression, Contributor to the Routledge International Handbook of Clinical Hypnosis, and Creator of Clinical and Wellness Hypnosis-and-Music Audio Recordings

# Disclosures

**ASCH and ASCH-ERF jointly provided this program.**

**No staff or committee members involved in the development, planning or execution of educational content have any financial relationships or conflicts of interest to disclose.**

**Ran Anbar, Ronald Alexander, Daniela Hütwohl, and Anita Jung, have no significant financial relationships or conflicts of interest to disclose.**

# Continuing Education & Accreditation Statement

This program has been approved by the American Society of Clinical Hypnosis Standards of Training Committee to be used toward Membership and Certification requirements.

The American Society of Clinical Hypnosis-Education and Research Foundation (ASCH-ERF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The American Society of Clinical Hypnosis-Education and Research Foundation (ASCH-ERF) designates this live activity for a *maximum of 57 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program is Approved by the National Association of Social Workers (886386995-7390) for 57 continuing education contact hours.

This course is approved by the American Society of Clinical Hypnosis and as such is an approved continuing education course per Florida's AC-Rule 64B-4-6002 American Society of Clinical Hypnosis-ERF is designated as an Approved PACE Program Provider.



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American Group Psychotherapy Association (AGPA) is approved by the American Psychological Association to sponsor continuing education for psychologists and the American Society of Clinical Hypnosis (ASCH). American Group Psychotherapy Association (AGPA) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists.

# Learning Objectives

**At the conclusion of this session, participants will be able to:**

1. Identify and describe at least three ways in which the presence of AI can create subtle shifts in a clinician's unconscious mind — influencing intuition, authority, expectation, and the internal process of choosing a course of care.
2. List and reflect on how patients, including children, may unconsciously respond to intelligent systems in clinical environments, and how these responses can influence trust, expectancy, and safety
3. Describe how AI's presence can alter the overall unconscious field of care, including the relational space between clinician and patient and the felt quality of clinical presence.

# Professional Context: Clinicians' Relationships to AI — Use, Non-Use, and Emerging Influence

**Before we move into deeper questions, could each of you briefly describe your professional role and your current relationship to AI — where it shows up in your work, where it doesn't, and why?**

# Development and Digital Reliance: AI's Influence on Curiosity, Intuition, and Inner Inquiry

**Children today are growing up immersed in digital systems and may feel comfortable consulting AI. From a developmental perspective, how might turning first to external systems for answers influence the cultivation of inner inquiry, creativity, and intuitive capacity?**

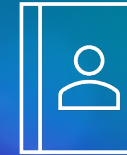
# Protecting Clinical Intuition: Uncertainty, the Unconscious Process, and the “Third Ear”

**Theodor Reik argued that unconscious understanding emerges only when we tolerate uncertainty, describing this as listening with the “third ear.” When AI provides rapid, plausible answers, how do we ensure we are not shortening that necessary inner process — and how do we preserve intuitive, creative unconscious search in clinical work?**

# Q & A

An icon depicting two stylized human figures in white. The figure on the right has a speech bubble above it containing a question mark, symbolizing a question and answer session.

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