

ASCH

2026

**ANNUAL SCIENTIFIC
MEETINGS & WORKSHOPS**

New Frontiers in Hypnosis:
Human Ingenuity, AI Innovation,
and Ethical Boundaries

 **VIRTUAL**

March 20–22, 2026

A Gathering of Healers:
How to work with clients who report
paranormal/non-ordinary experiences
such as clairvoyance, telepathy,
mediumship, OBEs and NDEs.

Philip L. Accaria, Ph.D., P.C.



- Dr. Philip L. Accaria is a licensed psychologist in both New Jersey and Tennessee and is credentialed through APIT to conduct “teletherapy” in approximately 44 states. He has been practicing in the field of mental health since 1976 and has been utilizing clinical hypnosis since 1981.
- Philip is Past-President of the American Society of Clinical Hypnosis and Past-Chair/Moderator of its Board of Governors for 4 years is a Life Fellow and Approved Consultant. He also served as President of the Clinical Hypnosis Society of New Jersey for 15 years.
- Philip is also specialized in Indigenous/Shamanic Energy Medicine practices which utilize the clinician’s trance state and intuitively accessed information. He has also been practicing Past-Life Regression Therapy and teaching ideomotor signaling since 1992.

Paul W. Schenk, Psy.D., P.C.



Dr. Paul Schenk mostly retired in 2019 after 43 years in private practice. He has been an Approved Consultant with ASCH for many years, and is a former President of the Georgia Hypnosis Society and former Chairperson of the Division of Independent Practice of Georgia Psychological Association. He still enjoys teaching and consulting with clinicians regarding the varied uses of hypnosis. His journal articles have appeared in the American Journal of Nursing, the Australian Journal of Clinical and Experimental Hypnosis, the ASCH Newsletter, Journal of Personality Assessment, and the ADHD Report, as well as numerous articles in lay journals and a book published by Crown House.

Disclosures

ASCH and ASCH-ERF jointly provided this program.

No staff or committee members involved in the development, planning or execution of educational content have any financial relationships or conflicts of interest to disclose.

Drs. Accaria and Schenk have no significant financial relationships or conflicts of interest to disclose.

(if you do, please describe them here)

Continuing Education & Accreditation Statement

This program has been approved by the American Society of Clinical Hypnosis Standards of Training Committee to be used toward Membership and Certification requirements.

The American Society of Clinical Hypnosis-Education and Research Foundation (ASCH-ERF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The American Society of Clinical Hypnosis-Education and Research Foundation (ASCH-ERF) designates this live activity for a *maximum of 57 AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program is Approved by the National Association of Social Workers (886386995-7390) for 57 continuing education contact hours.

This course is approved by the American Society of Clinical Hypnosis and as such is an approved continuing education course per Florida's AC-Rule 64B-4-6002 American Society of Clinical Hypnosis-ERF is designated as an Approved PACE Program Provider.



The American Society of Clinical Hypnosis Education & Research Foundation Nationally Approved PACE Program Provider for FAGD/MAGD credit. Approval does not imply acceptance by any regulatory authority or AGD endorsement. 10/1/2024 to 9/30/2027. Provider ID#217022



American Group Psychotherapy Association (AGPA) is approved by the American Psychological Association to sponsor continuing education for psychologists and the American Society of Clinical Hypnosis (ASCH). American Group Psychotherapy Association (AGPA) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists.

Learning Objectives

At the conclusion of this session, participants will be able to:

- Define six different forms of paranormal experiences.
- Describe how these experiences can manifest for clients.
- Discuss two clinical benefits such experiences can have for clients.
- List two strategies to help clients identify these experiences.

Variety of paranormal/non-ordinary experiences

Some types of paranormal/non-ordinary experiences

- Intuition
- Clairvoyance, Clairaudience, Clairsentience
- Telepathy
- Mediumship
- Out-of-body experiences
- Near-death experiences
- Past-life experiences

The variety of ways these experiences
manifest for the client and clinician:

Some triggers:

- Prescription drugs, nitrous oxide
- Hypnotic session unexpectedly leading to experiences of death/rebirth, “past-life memories and other spiritual domains of the psyche difficult to assimilate.
- Naturalistically

Triggers, continued

- Primarily, the person's readiness for inner transformation is by far, more important than external stimuli.
- These trigger situations involve a radical shift in the balance between the unconscious and conscious processes.

Triggers continued

- A very important catalyst for existential emergencies is a deep involvement in various transpersonal practices, especially those designed to facilitate mystical experiences, e.g., drumming, Sufi whirling, trance dancing, continuous chanting.

How these may manifest for clients or clinicians

- An intuitive “knowing”, differentiated from a worry
- A felt presence such as a spirit/ghost
- A synchronistic matching of events (e.g., A client texted me that she had just thought about scheduling when I was texting her about an appointment)
- Floating out of body and experiencing current reality from a third person perspective (e.g., patient under general anesthesia)
- A near-death experience (or a “shared NDE”)
- Experiences of the past-life type

The clinical benefits such experiences have for
the client:

Case studies by presenters and by
participants.

Strategies to help clients identify that they have had paranormal/non-ordinary experiences.

Strategies to help clients identify paranormal experiences

- Simple, basic education about these terms: define the terms
- Ideomotor signaling
- Ask the client if he/she has ever a non-ordinary/paranormal experience
- Offer examples of different types of paranormal phenomena
- Normalize phenomena such as death-rebirth; archetypal visions; “past incarnation” experiences; peak experiences/states of cosmic unity.

Q & A

An icon depicting two stylized human figures in white. The figure on the right has a speech bubble above it containing a question mark, symbolizing a question and answer session.

Contact Information



Philip L. Accaria, Ph.D., P.C.
571 Beach Grove Way
Burns, TN 37029
Cell: 973-420-5073
Email: PLAccaria@aol.com
Web: drphilipaccaria.com

Paul W. Schenk, Psy.D., P.C.
4487 Village Springs Pl
Atlanta, GA 30338
Cell: 678-416-9242
Email: drpaulschenk@att.net
Web: drpaulschenk.com