

AGENDA (include timeline of events)

DAY 1 March 13, 2026

8:00–8:15 AM	Welcome, Faculty and Student Introductions and Instruction
8:15–8:45 AM	Introduction to Clinical Hypnosis
8:45–9:30 AM	Hypnotic Principles and Stages 1
9:30–10:15 AM	Hypnotic Principles and Stages II
10:15–10:30 AM	Break
10:30–11:00 AM	Group Hypnotic Experience
11:00–11:45 AM	Fundamentals of Hypnotic Communication and Formulation of Suggestions
11:45 AM–12:30 PM	Anatomy of a Hypnotic Experience
12:30–1:15 PM	Lunch
1:15–2:00 PM	Hypnotic Phenomena
2:00–2:45 PM	Patient/Client Assessment, Presenting Hypnosis to the Patient/Client
2:45–3:15 PM	Ethical Principles and Professional Conduct
3:15–3:30 PM	Break
3:30 – 4:15 PM	Self Hypnosis: How and What to Teach Patients
4:15–4:30 PM	Questions and closing remarks

DAY 2 March 14, 2026

8:00–8:15 AM	Welcome, Questions
8:15–8:45 AM	Introduction to Small Group Practice
8:45–9:00 AM	Demonstration of Group #1 Diaphragmatic Breathing, Rapport, Elicitation, and Reorientation
9:00–10:30 AM	Small Group Practice of Hypnotic Process #1
10:30–10:45 AM	Break
10:45–11:45 AM	Intensification of the Hypnotic Experience
11:45 AM–12:30 PM	Fundamentals of Hypnotic Communication and Formulation of Suggestions
11:45 AM–12:30 PM	Hypnosis with Children
12:30–1:15 PM	Lunch
1:15–2:15 PM	Treatment Planning, Strategy and Technique Selection in Hypnosis
2:15–2:30 PM	Demonstration of Group #2: Eye Fixation, Rapport, Elicitation, Intensification and Reorientation
2:30–2:45 PM	Break
2:45–4:15 PM	Small Group Practice of Hypnotic Process #2
4:15–5:00 PM	Ego Strengthening
5:00–5:15 PM	Questions and closing remarks

DAY 3 March 21, 2026

8:00–8:15 AM	Welcome, Questions
8:15–8:30 AM	Demonstration of Group #3: Eye Roll, Rapport, Elicitation, Intensification, Ego-Strengthening, Suggestions, and Reorientation
8:30–10:30 AM	Small Group Practice of Hypnotic Process #3
10:30–10:45 AM	Break
10:45 AM–12:00 PM	Neurophysiology of Hypnosis
12:00–12:45 PM	Tailoring Hypnosis for your Client/Patient
12:45–1:30 PM	Lunch
1:30–1:45 PM	ASCH Membership and Certification

1:45–2:00 PM	Demonstration of Group #4 Chiasson or Arm Levitation, Rapport, Elicitation, Intensification, Hypnotic Phenomenon, Ego-Strengthening, Suggestions, and Reorientation
2:00–2:15 PM	Break
2:15–4:15 PM	Small Group Practice of Hypnotic Process #4
4:15–5:00 PM	Integrating Hypnosis into Clinical Practice
5:00–5:15 PM	Questions, Review, and closing remarks