

Christian Skoorsmith | Hypnotherapist | Philosophical Counselor

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Professional Profile

An **award-winning hypnotherapist** working from a broadly psychodynamic orientation. Christian is deeply (com)passionate about integrity, authenticity, effectiveness, and efficiency in his **work with clients**, excellence in **scholarship**, and affirming **support with colleagues**. Academically trained and continuing to be active in philosophy, religion, literature, and psychology. Doctoral (PsyD) candidate in psychodynamic psychotherapy (Charisma University, expected graduation in 2026).

Career Summary

2016-present Hypnotherapist / Mental Health Professional, WholeHealth Hypnosis, Seattle, WA

Outline

In full-time private practice as a registered hypnotherapist I support mental health and behavior change needs in a systematic, psychodynamic process (broadly Jungian in orientation) that draws on Emotion-Focused Therapy, Ego-State (Parts) Therapy, Experiential Therapies (e.g., Internal Family Systems, Coherence Therapy), Cognitive-Behavioral Therapy, Somatic Therapy, and integrative life-coaching, working with a wide variety of presenting issues while focusing particularly on the effects of relationship-based trauma.

Key Responsibilities & Accomplishments

- Continuously engage in further **education and professional development**.
- **Built** the highest-rated hypnotherapy service in Seattle (after only five years in business), relying on excellence in therapy, public speaking, teaching, and writing for different audiences.
- **Created training program** for working with tinnitus in hypnosis; was **awarded** the *Hypnotism Research Award* by the National Guild of Hypnotists (NGH) in 2022.
- Inducted as **Fellow** of the NGH (fewer than 1/4 of 1% achieve this distinction), in recognition of contribution to field of hypnosis, in 2023.
- Regular **contributor** to two professional journals. **Speaker** at numerous conference and events – nationally and internationally. **Awarded** ‘*Science Award*’ by the International Association of Hypnosis Professionals (IAHP), 2021, the ‘*Leadership Award*’ (IAHP, 2024), and the ‘*Hypnotism Hallmark Award*’ (NGH), 2024.
- **Written six books** on hypnosis-related topics, among them a self-help book on hypnosis for the general public, training for hypnotists in motivational interviewing, working with transgender clients, and a novel practice of hypnotically-enhanced introspection.
- **Edited volume** on behalf of the National Guild of Hypnotists’ Clergy Special Interest Group on hypnosis for spiritual distress, 2024. Wrote two chapters: one on attachment and religious experience, another on ethical meaning-making from suffering.
- **NGH Clergy Special Interest Group**: President, 2024 – present; Vice-President, 2023; Member, 2019
- ‘*7th Path Self-Hypnosis Teacher Leadership Award*’ (IAHP), 2021
- Named among ‘**Top Three Hypnotherapists in Seattle**’ (ThreeBestRated.com, 2019, ‘20, ‘21, ‘22, ‘23, ‘24, ‘25 & ‘26)
- Named ‘**Best Alternative Therapy** in the Pacific Northwest’ (*The Seattle Times*, 2023, ‘24, & ‘25)
- Named ‘**Best Mental Health Service** in the Pacific Northwest’ (*The Seattle Times*, 2025)

2006-2015 Executive Minister, Community of Christ, Europe & Pacific Northwest USA

Outline

In roles of increasing responsibility in an international peace and justice church over the course of a decade, culminating in executive leadership of Western and Eastern Europe, I was responsible for individual, congregational, and regional faith formation, education, and administration. In addition to preaching, teaching, performing sacraments, ministry with individuals, and coordination with regional staff and leadership, while in the Pacific Northwest, my responsibilities focused on education – formal (priesthood training and congregational education, for example) and informal (writing articles and informal mentoring, for instance) – across Washington, Oregon, and Alaska. In Europe I supervised staff and volunteers to further the identity, message, and mission of the church in local expressions.

Key Responsibilities

- Was ultimately responsible for priesthood and member education, formation, and development as **President of Europe** and the **Educational Officer** of the Greater Pacific Northwest (USA) Mission Center.
- **Developed and taught** (individually and as part of a team) multiple courses and workshops in line with identified goals and needs, and tracked student success and fulfillment.
- **Evaluated** new and existing curricula and teachers.
- **Managed programming**, including having developed and administered a three-year intensive development curriculum.
- Established and **managed the budget**, in coordination with a financial officer.
- **Supervised** eight paid staff and **coordinated** dozens of volunteer leaders to **produce** a vision, resources, and events across eight countries and nine languages.

1999-2002 **Professor of Applied English, Izmail State University of the Humanities,**

Izmail, Ukraine

Outline

As the only native speaker of English among the faculty of foreign languages at ISUH (ИДГУ), I taught multiple years of advanced students (in their third, fourth, and fifth years of university education) in applied English language, American culture, and Western foreign-language pedagogy.

Key Responsibilities

- **Motivated** students to actively participate in all aspects of the educational process.
- **Developed curricula** and **taught** multiple courses of Applied English Language: Speaking and Composition.
- **Pioneered creative learning** experiences in Ukrainian environment, including featuring English translations and recordings of local historical monuments, and **organizing** the first Lincoln-Douglas style collegiate debate tournament in Ukraine, drawing participants from universities around the region.
- **Introduced** novel learning tools and techniques to pedagogical faculty and students in Izmail and the region, learning to be teachers of English as a Foreign Language.
- **Developed** additional university-level EFL teaching opportunities in the region through outreach and guest lecturing.
- **Awarded** Honorary ‘Aspirant’ (Master of Science) in Teaching English as a Foreign Language

Academic Teaching

Adjunct Faculty

National Guild of Hypnotists Annual International Education Conference, 2019, 2020, 2021,

2022, 2023, 2024, & 2025.

Also a featured speaker at the **Australian Hypnosis Conference** (2022), **American Association of Marriage and Family Therapists (AAMFT) QTAN Conference** (2022), **Izmail State University of the Humanities' Budzhak Philology Conference** (Izmail, Ukraine, 2020), **IAHP Hypnosis Symposium** (2021, 2022, 2023, 2024, & 2025), **Heartland Hypnosis Conference** (2023, 2024, & 2025), **American Society for Clinical Hypnosis Annual Meeting and Scientific Conference** (2025)

A key contributor, speaker, and teacher at educational conferences and symposia around the world in matters of hypnosis and hypnotherapy, particularly in the areas of gender and transgender work, Jungian/Depth psychology, neuropsychology in counseling, tinnitus, and public speaking. Author of the only regular feature in the National Guild of Hypnotists Journal of Hypnotism focused on public speaking and communicating effectively with the public about hypnosis.

Adjunct Professor of American Literature Oles Honchar Dnipro National University, Reni, Ukraine, 2001-2002

Building on the success and reputation of my teaching in Izmail, I was invited to design and teach a 20th Century American Literature course as a guest lecturer to third and fourth year English students at another university in the region. The success of this course paved the way for a full-time Native-English-speaking position to be instituted the following year.

Additional Professional Associations

Research Clinician (2025-present)

MATCH Study

Supervisor, Dr. Elena Mendoza

Primary Investigator, Mark Jensen, Ph.D.

University of Washington, Department of Rehabilitation Medicine, Seattle, Washington

American Psychological Association (2026)

Graduate Student Affiliate

American Philosophical Association (2026)

Graduate Student Affiliate

American Society for Clinical Hypnosis (2025-present)

Graduate Student Affiliate

National Guild of Hypnotists (2017-present)

Board Certified Fellow

Clergy Special Interest Group, President

International Association of Hypnosis Professionals (2017-present)

Board Certified Hypnosis Professional

Education

Doctor of Psychology (anticipated 2026)

Emphasis in Psychodynamic Psychotherapy

Advisor, Dr. Francis Yahia

Charisma University, Montana, USA | Turks & Caicos, UK

Master of Arts in Religion (2011)

Emphasis in Critical Theology & Postmodern Hermeneutics

Advisor, Dr. Athony Chvala-Smith

Graceland University, Lamoni, IA, USA

Bachelor of Arts (Honors) in Philosophy and Religion (1997)

Advisor, Dr. C. Robert Mesle

Graceland University, Lamoni, IA, USA

Awarded Outstanding Contribution to Philosophy (1997)

Awarded Outstanding Contribution to Journalism (1996 & 1997)

Honors Program (1994-97)

Church Leadership Training Program (1994-1997)

Alumni Magazine & Student Newspaper, writer & editorial roles (1993-1997)

Post-Graduate Certificate in Contemporary Jungian Studies (anticipated 2026)

Pacifica Graduate Institute

Post-Graduate Certificate in Jungian Psychotherapy (2022)

Advisor, Rev. Dr. Reo Leslie

Colorado School for Family Therapy, Aurora, CO

Post-Graduate Certificate in Systemic Sandplay Therapy (2022)

Advisor, Dr. Evelyn Leslie

Colorado School for Family Therapy, Aurora, CO

Post-Graduate Certificate in Clinical Supervision (2022)

Advisor, Rev. Dr. Reo Leslie

Colorado School for Family Therapy, Aurora, CO

Additional Training & Certifications

Social and Behavioral Research Best Practices for Clinical Research (CITI Program/Univ. Of WA – June 2025)

Human Subjects Learners (CITI Program/Univ. Of WA – June 2025)

Board Certified *Fellow* of the National Guild of Hypnotists (NGH – June 2023)

TraumaPlay™: A Cutting Edge, Attachment-Based Treatment Framework (PESI – June 2023)

Board Certified Hypnosis Professional (Internat'l Assoc. of Hypnosis Professionals – April 2023)

Internal Family Systems Therapy (PESI – February 2023)

Certified Hypnosis Instructor (NGH – March 2022)

Advanced 5-PATH® Certification (Banyan Hypnosis Center – October 2022)

Board Certified Hypnotist (NGH – February 2020)

Hypnotic Oncology (NGH – August 2019)

Pediatric Hypnosis (Mottin & Johnson Inst. of Hypnosis – January 2019)

Advanced Pain Management (Genesis Hypnosis Center – September 2018)

Hypnosis and Post-Traumatic Stress Disorder (American Hypnosis Association/AHA – August 2018)

Certification in Pain Management with Hypnosis (American School of Clinical Hypnosis – June 2017)

Certified Specialist: Hypnosis and Tinnitus (AHA – May 2017)

Hypnosis with Transgender Clients (AHA – January 2017)

Certified 5-PATH® Hypnotherapist (Banyan Hypnosis Center – January 2017)

Certified Hypnotist (NGH – January 2017)

Awards & Honors

Best in the Pacific Northwest: Alternative Therapies (*The Seattle Times* – September 2025)

Best in the Pacific Northwest: Mental Health Services (*The Seattle Times* – September 2025)

5-PATH® Leadership Award (IAHP – October 2024)
Best in the Pacific Northwest: Alternative Therapies (*The Seattle Times* – September 2024)
Hypnotism Hallmark Award (NGH – August 2024)
Outstanding Member Recognition (IAHP – October 2023)
Best in the Pacific Northwest: Alternative Therapies (*The Seattle Times* – September 2023)
Hypnotism Research Award (NGH – August 2022)
Science Award (IAHP – October 2021)
Self-Hypnosis Teacher Leadership Award (IAHP – October 2021)
“Top Three Hypnotherapy” in Seattle (ThreeBestRated.com – 2019, ‘20, ‘21, ‘22, ‘23, ‘24, ‘25 & ‘26)

Teaching, Speaking, & Presenting

“Parts Work’: How It Came to Be, How Parts Work, How It is How We Human.” Presentation at International Association of Hypnosis Professionals Symposium, October, 2025, online.

“Goal-Setting as an Instrument Throughout Hypnosis: How to Make Best Use of the ‘Benefits Form’.” Presentation at International Association of Hypnosis Professionals Symposium, October, 2025, online.

“Crafting Consultations that Matter.” Workshop at National Guild of Hypnotists Annual Educational Conference, August 2025, Marlborough, MA.

“Working with Tinnitus in Hypnosis.” Presentation at National Guild of Hypnotists Annual Educational Conference, August 2025, Marlborough, MA.

“Hypnospection: A New Kind of Self-Hypnosis.” Seminar at Heartland Hypnosis Conference, April 2025, St. Louis, MO.

“Emotions and Eating: The Science of Self-Control.” Seminar at Heartland Hypnosis Conference, April 2025, St. Louis, MO.

“A Queer Casebook: Working with LGBTQ Clients in Hypnosis.” Presentation (co-presented with Dr. John Hall) to the American Society of Clinical Hypnosis Annual Scientific Meeting and Workshop, March 2025, online.

“Attachment Theory and Therapeutic Hypnosis.” Seminar at International Association of Hypnosis Professionals Symposium, October 2024, Dallas, TX. (Another version presented at Heartland Hypnosis Conference, April 2025, St. Louis, MO.)

“The Neurobiology of Trauma and Recovery: How Age Regression Works in the Brain.” Seminar at International Association of Hypnosis Professionals Symposium, October 2024, Dallas, TX.

“Trance-Gender: Working with Transgender Clients in Hypnosis.” National Guild of Hypnotists International Education Conference, August, 2024, Marlborough, MA. (Also 2022, 2021, 2020, & 2019.) Heartland Hypnosis Conference, April 2022, St. Louis, MO. Seminar at Australian Hypnosis Conference, online, November, 2022.

“Jungian Hypnotherapy.” Workshop Presentation at Heartland Hypnosis Conference, April 2024, St. Louis, MO.

“Archetypal Psychology and Hypnosis: The Tree, The Little One, and Us.” Seminar at International Association of Hypnosis Professionals (IAHP) Annual Symposium, September 2023, Dallas, TX.

“Coaching the Parts: Internal Family Systems Therapy and Hypnosis.” Seminar at IAHP Annual Symposium, September 2023, Dallas, TX.

“Resilience: Superpower or Ordinary Magic?” Seminar at NGH Educational Conference & Convention, August 2023, Marlborough, MA.

“Self-of-Hypnotherapist: Awareness and Issues in the Practitioner.” Seminar at NGH Educational Conference & Convention, August 2023, Marlborough, MA.

“Breaking the Man Box.” A facilitated community event, March 2023, Seattle, WA.

- “Motivational Interviewing.” International Association of Hypnosis Professionals Symposium, October, 2022, Dallas, TX. NGH Educational Conference & Convention, August 2023, Marlborough, MA.
- “The Unconscious: Recent Advances in Neuropsychology.” International Association of Hypnosis Professionals Symposium, October, 2022, Dallas, TX.
- “Trans-formation Trance Formation: Self-of-Therapist.” American Association of Marriage and Family Therapists, Queer Trans Advocacy Network Conference, June 2022, online.
- “Working with Tinnitus in Hypnosis.” National Guild of Hypnotists International Education Conference, August, 2024, Marlborough, MA. (Also 2022, 2021, 2020, & 2019.) Heartland Hypnosis Conference, April 2023, St. Louis, MO.
- “Esoteric Practices for the Professional: A Jungian Approach” National Guild of Hypnotists International Education Conference, August, 2022, Marlborough, MA. (Full-Day Course and Two-Hour Workshop iterations.)
- “Working With Depression.” International Association of Hypnosis Professionals Symposium, October 2021, Dallas, TX.
- “Working with Tinnitus in 5-PATH® Hypnosis.” International Association of Hypnosis Professionals Symposium, October 2021, Dallas, TX.
- “Foreign Language Study as Cross-Cultural Value in Multi-Ethnic Education.” Budzhak Frontier: International Philology Conference, ІДІГҮ (Izmail State University of the Humanities), 2020.
- “The Spoken Word: Excellence in Preaching.” Community of Christ, Greater Pacific Northwest Mission Center, 2017 & 2019.
- “Dynamic Worship Workshop.” Community of Christ, Greater Pacific Northwest Mission Center & Arizona Mission Center, 2012-2014.
- “New Testament Scripture.” Community of Christ, Greater Pacific Northwest Mission Center, 2010-2016.
- “Contemporary Scripture in the Evolving Life of the Church.” Community of Christ, Greater Pacific Northwest & Arizona, 2010-2012.
- “Applied English Language: Speech and Composition.” Semester courses for third, fourth, and fifth year TEFL students at Izmail State University of the Humanities, 1999-2002, Izmail, Ukraine.
- “20th Century American Literature.” Izmail State University of the Humanities, 2000 & 2001, Izmail, Ukraine.
- “Lincoln-Douglas Style Debate.” Training and Orientation for TEFL students at Izmail State University of the Humanities, 2001, Izmail, Ukraine.
- “Western Language-Learning Pedagogy: Current Trends in Public Speaking Education.” Southern Odessa Oblast Colloquy of English Teachers, 2001, Vilko, Ukraine.
- “Making Language Learning Fun and Memorable: Thinking Outside the Pedagogical Box.” Teaching English as a Foreign Language (TEFL) section of Peace Corps Ukraine Educational Conference, 2001, Ukraine.
- “Gender Across Cultures.” English Department at Cherkassy Pedagogical Institute, November, 1999, Cherkassy, Ukraine.
- “Extra-Canonical Gospels: What We Know, and What We Can Learn From Them.” Graceland University, Spring, 1997, Lamoni, IA.
- “Contemporary Men’s Movements: Critical Counter-Culture or Retrenching Masculinity?” Washington University Undergraduate Philosophy Conference, Spring, 1997, St. Louis, MO.
- “North American Men’s Movements.” Graceland University Honors Program, Fall, 1996, Lamoni, IA.
- “The Individual in Community: A Review of Postmodern Ethics.” Truman State University Undergraduate Philosophy and Religion Conference (7th Annual), Nov. 8, 1996
- “Body Theology.” Graceland University, Fall, 1995, Lamoni, IA.

Publications

Books (Non-Fiction)

Depth Sounding: The Neuropsychology and Practice of Hypnospection® - Hypnotically-Enhanced Introspection. WholeHealth Publishing, 2025.

Hypnosis for Spiritual Distress: Advanced Protocol for a Pressing Need (Editor). WholeHealth Publishing, 2024.

Trance-Gender: Working with Transgender Clients in a Professional Hypnosis Practice. WholeHealth Publishing, 2024.

Unlocking Human Potential: Motivational Interviewing for Hypnotists. WholeHealth Publishing, 2023.

Dynamics of Hypnosis: Its Use, Qualities, & Relationship to Other Modalities. WholeHealth Publishing, 2023.

Transformation Trance Formation (2nd ed.). WholeHealth Publishing, 2022.

The Sound of Silence: Working in Hypnosis with Tinnitus. WholeHealth Publishing, 2021.

Poetry Volumes

Each Heartbeat a Stone (and other poems). Independents Press, 2023.

Out of Nowhere: Poems of Place and Being. Independents Press, 2023.

Trust Only the Trembling & Other Poems Exploring Manhood (3rd ed.). Independents Press, 2022.

Articles, Chapters, & Poems

“Speaking of Hypnosis: The Nutcracker.” *The Journal of Hypnotism*, vol. 40, no. 4, Dec 2025, pp. 15-16.

“Insight at the Center: The Key Process and Mechanism that Brings About Therapeutic Change.” *International Association of Hypnosis Professionals Journal*, vol. 43, Fall 2025, pp. 28-34.

“A Baby Blessing” (poem). *Insights*, vol. 4, Pacifica Graduate Institute, November 2025, p. 22.

“Speaking of Hypnosis: Anger Management.” *The Journal of Hypnotism*, vol. 40, no. 3, Sept 2025, pp. 9-10

“Competing Values – Another Way Our Culture Lets Us Down Regarding Dealing With Difficult Feelings.” *International Association of Hypnosis Professionals Journal*, vol. 42, Summer 2025, pp. 37-40.

“Speaking of Hypnosis: Who Leads the Session? Openness and Direction in Hypnotherapy.” *The Journal of Hypnotism*, vol. 40, no. 2, June 2025, pp. 29-30.

“X-M-E-F-B is a Self-Reinforcing Cycle.” *International Association of Hypnosis Professionals Journal*, vol. 41, Spring 2025, pp. 15-16.

“Speaking of Hypnosis: Lessons From Sports Psychology.” *The Journal of Hypnotism*, vol. 40, no. 1, March 2025, pp. 24-25.

“Speaking of Hypnosis: What Makes an Effective Hypnotist.” *The Journal of Hypnotism*, vol. 39, no. 4, December 2024, pp. 23-24.

“Speaking of Hypnosis: Happiness.” *The Journal of Hypnotism*, vol. 39, no 3, September 2024.

“Attachment Theory in Spiritual Work.” In C. Skoorsmith (Ed.), *Hypnosis for Spiritual Distress: Advanced Protocol for a Pressing Need* (pp. 70-76). WholeHealth Publishing (on behalf of the National Guild of Hypnotists), 2024.

“Job & Smallpox: Lessons for Ethical Meaning-Making Out of Suffering.” In C. Skoorsmith (Ed.), *Hypnosis for Spiritual Distress: Advanced Protocol for a Pressing Need* (pp. 94-102). WholeHealth Publishing (on behalf of the National Guild of Hypnotists), 2024.

“Pounding the Pillow: The Neurobiology of Trauma.” *International Association of Hypnosis Professionals Journal*, vol. 38, Summer 2024.

“Speaking of Hypnosis: Upon Failure.” *The Journal of Hypnotism*, vol. 39, no. 2, June 2024.

“Reflecting on the Journey to Our Posh Vacation Rental” (poem). *Poets Against Racism and Hate*, June 7, 2024.

“Speaking of Hypnosis: Everything I Didn’t Know I Knew, I Learned in Kindergarten.” *The Journal of Hypnotism*, vol. 39, no. 1, March 2024.

“From Under the Rubble of Babel.” *Seattle University Center for Ecumenical and Interreligious Engagement*, January 30, 2024.

- “Complex Psychology and Forgiveness of Others.” *International Association of Hypnosis Professionals Journal*, vol. 36, Winter 2023.
- “The Poetics of Hypnotherapy: Sliding Sideways into Canyons.” *The Journal of Hypnotism*, vol. 38, no. 4, December 2023.
- “Forgiveness and ‘Shadow Work’.” *International Association of Hypnosis Professionals Journal*, vol. 35, Fall 2023.
- “Speaking of Hypnosis: It Didn’t Work.” *The Journal of Hypnotism*, vol. 38, no. 3, September 2023.
- “The Tragedy of Only Feeling Good.” *International Association of Hypnosis Professionals Journal*, vol. 34, Summer 2023.
- “Speaking of Hypnosis: Payment in Full.” *The Journal of Hypnotism*, vol. 38, no. 2, June, 2023
- “Speaking of Hypnosis: Good Work Gets Harder.” *The Journal of Hypnotism*, vol. 38, no. 1, March 2023.
- “A View From Mt. Rushmore” (poem). *Breathe* (online poetry journal), March 2023.
- “Naming the Little One.” *International Association of Hypnosis Professionals Journal*, vol. 32, Winter 2022.
- “The Inevitable Spiritual Significance of the [Delta] Concept.” *International Association of Hypnosis Professionals Journal*, vol. 32, Winter 2023.
- “Speaking of Hypnosis: The Transcendent Function as a Model of Depth Hypnosis.” *The Journal of Hypnotism*, vol. 37, no. 4, Dec. 2022.
- “The Shadow & Forgiveness of Self.” *International Association of Hypnosis Professionals Journal*, vol. 31, Fall 2022, pp 29-31.
- “Speaking of Hypnosis: Secondary Gains.” *The Journal of Hypnotism*, vol. 37, no. 3, Sept. 2022, p 31.
- “Self-Hypnosis and Spiritual Need.” *International Association of Hypnosis Professionals Journal*, vol. 30, Summer 2022, pp 23-25.
- “Speaking of Hypnosis: Active Imagination, Hypnosis, and Esoteric Practices.” *The Journal of Hypnotism*, vol. 37, no. 2, June 2022, pp 27-28.
- “7th Path Self-Hypnosis and Process Philosophy.” *International Association of Hypnosis Professionals Journal*, vol. 29, Spring 2022, pp 56-60.
- “Speaking of Hypnosis: State, Non-State, Something Else?” *The Journal of Hypnotism*, vol. 37, no. 1, March 2022, pp 27-28.
- “Analytical Hypnotherapy and Five Phase Advanced Transformational Hypnosis.” *International Association of Hypnosis Professionals Journal*, vol. 28, Winter 2021, pp 43-48.
- “Speaking of Hypnosis: Mind and Massage.” *The Journal of Hypnotism*, vol. 36, no. 4, Winter 2021, p 20.
- “Alchemy & Jung: Insight for Insight-Generating Hypnosis.” *International Association of Hypnosis Professionals Journal*, vol. 27, Fall 2021, pp 45-48.
- “Speaking of Hypnosis: Hypnosis With Transgender Clients.” *The Journal of Hypnotism*, vol. 36, no. 3, Sept. 2021, 21-22.
- “Forgiveness of Self and Problem-Solving Therapy.” *International Association of Hypnosis Professionals Journal*, vol. 26, Summer 2021, pp 50-54.
- “Speaking of Hypnosis: The Dance of Trust.” *The Journal of Hypnotism*, vol. 36, no. 2, June 2021, p 32.
- “Abreaction, Insight, and Catharsis: ‘Ventilation’ Theories and Age Regression.” *International Association of Hypnosis Professionals Journal*, vol. 25, Spring 2021, pp 44-49.
- “Honesty and Self-Awareness in Phase III.” *International Association of Hypnosis Professionals Journal*, vol. 25, Spring 2021, pp 10-11.
- “Speaking of Hypnosis: How Fear is Like Fly Paper.” *The Journal of Hypnotism*, vol. 36, no. 1, March 2021, pp 29-30.
- “Adaptive Role-Play and Assertiveness Training in Phase III.” *International Association of Hypnosis Professionals Journal*, vol. 24, Winter 2020, pp 34-37.
- “Speaking of Hypnosis: The Hidden (Hypnotic) Value of Foreign Language Learning.” *The Journal of Hypnotism*, vol. 35, no. 4, Dec. 2020, pp 23-24.

- “Cognitive-Behavioral Therapy and Hypnosis.” *International Association of Hypnosis Professionals Journal*, vol. 23, Fall 2020, pp 39-43.
- “Speaking of Hypnosis: Tinnitus.” *The Journal of Hypnotism*, vol. 35, no. 3, Sept. 2020, pp 23-24.
- “Foreign Language Study as Cross-Cultural Value in Multi-Ethnic Education.” *Буджацький фронтір у дзеркалі сучасної гуманітаристики: Збірник наукових праць, ІДГУ (Izmail State University of the Humanities)*, Sept. 1, 2020, pp 146-149.
- “Client Confidence.” *International Association of Hypnosis Professionals Journal*, vol. 22, Summer 2020, pp 45-47.
- “Speaking of Hypnosis: What Not to Say.” *The Journal of Hypnotism*, vol. 35, no. 2, June 2020, pp 21-22.
- “Hypnotizability: The Biggest (Non-)Issue for Clients.” *International Association of Hypnosis Professionals Journal*, vol. 21, Spring 2020, pp 47-50.
- “Speaking of Hypnosis: The Truth About Hypnosis.” *The Journal of Hypnotism*, vol. 35, no. 1, March 2020, pp 10-12.
- “Speaking of Hypnosis: Why We Don’t Change (and How We Can!).” *The Journal of Hypnotism*, vol. 34, no. 4, Dec. 2019, pp 10-12.
- “Our Work and Integral Psychology.” *International Association of Hypnosis Professionals Journal*, vol. 20, Winter 2019, pp 37-40.
- “Ericksonian’ Hypnosis and Forgiveness of Self.” *International Association of Hypnosis Professionals Journal*, vol. 19, Fall 2019, pp 62-65.
- “Speaking of Hypnosis: Pain Management.” *The Journal of Hypnotism*, vol. 34, no. 3, Sept. 2019, pp 18-20.
- “Speaking of Hypnosis: Stress Management.” *The Journal of Hypnotism*, vol. 34, no. 2, June 2019, pp 35-37.
- “Stress Management.” *International Association of Hypnosis Professionals Journal*, vol. 16, Winter 2018, pp 52-57.
- “Phases III & IV as Jungian Shadow Work.” *International Association of Hypnosis Professionals Journal*, vol. 15, Fall 2018, pp 37-42.
- “Why ‘Unrelated’ Insight Work?” *International Association of Hypnosis Professionals Journal*, vol. 14, Summer 2018, pp 28-30.
- “Memorial for Deserters.” *Geez Magazine*, no. 31, Fall 2013.
- “Remembering Resistance.” *Herald*, Community of Christ, November 2008.
- “Love Breeds Resistance.” *DesperatePreacher.com*, July 1, 2007.
- “When Bad Things Happen to Good People.” *DesperatePreacher.com*, April 2, 2006.
- “The Thirst and the Quenching: Psalm 23 and the Exile.” *DesperatePreacher.com*, March 5, 2006.
- “A Prophetic People, Finally.” *Herald*, Community of Christ, October 2005.
- “Gender Education in Ukraine.” *International Peace Corps Volunteers Magazine*, 2001.
- “Gender with a Hard G.” *Nu, Schcho?! Peace Corps Ukraine Newsletter*, 2000.
- “Standing There Eating Watermelon Thinking” (poem). *artsMEDIA*, Boston, Massachusetts, July 1997.
- “Downtown Man’ Man Homeful”, “Harvest Time in the Country” & “untitled with apologies” (poems). *Butterfly Net*, Flagstaff, Arizona, July 1997.
- “The Individual in Community: A Review of Postmodern Ethics.” *Proceedings of the 7th Annual Truman State University Undergraduate Philosophy and Religion Conference*, Truman State Univ., November, 1996.
- “The Ninth Sacrament: Potluck in the Life of the Church.” *Herald*, Community of Christ, September 1996.
- “Churching: A Dynamic Process.” *Herald*, Community of Christ, August 1995.
- “Harvest Time in the Country” (poem). *Conversations at the Hearth: A Flagstaff Literary Journal* (Vol. 2, Summer 1995), June 1995.
- “Harvest Time in the Country” & “untitled, with apologies to T. S. Eliot and Rebecca Cleman” (poems). *Chrysalis Art & Poetry Journal*, Graceland University Annual Student and Alumni Literary Anthology, December 1993.

Board & Leadership Experience

Board Certification Steering Committee (Charter Member) October 2022-present

International Association of Hypnosis Professionals (IAHP)

5-PATH Advisory Board (Charter Member)

International Association of Hypnosis Professionals (IAHP)

August 2019-present

Clergy Special Interest Group

National Guild of Hypnotists (NGH)

President, 2024-present

Vice-President, 2023

Member, 2018-present

August 2018-present

1st Vice-President

Caledonian & St. Andrew's Society of Seattle

January 2017-October 2021

Board Member (Denominational Representative)

Church Council of Greater Seattle

January 2016-May 2018