

**Title: Self-Hypnosis Done Right: How to Teach It and What the Research Shows PLUS  
Navigating Legal and Ethical Issues in Psychotherapy and Hypnosis**

**Speakers: Michael Puhl, Esq., Roxanna Erickson-Klein LPC, Debra Crown, LPC**

**NTSCH Beginners Workshop: Dallas, TX      March 20, 2026**

<b>Saturday</b>	<b>March 20, 2026</b>	CEUs
12:00-1:30	<b>Michael Puhl, Esq.</b> At the conclusion of this session, the participant will be able to: 1. Review elements of informed consent	<b>1.5</b>
1:30-1:45	Break	
1:45-3:15	<b>Michael Puhl, Esq.</b> At the conclusion of this session, the participant will be able to: 1. Identify problematic ethical situations when treating individuals in a litigation.	<b>1.5</b>
3:15-3:30	Break	
3:30-4:30	<b>Roxanna Erickson, Klein</b> At the conclusion of this session, the participant will be able to: 1. Summarize basic hypnotic theory and technique 2. Observe demonstrations of hypnotic technique and phenomena	<b>1.0</b>
4:30-5:30	<b>Debra Crown, LPC</b> At the conclusion of this session, the participant will be able to: 1. Examine definitions of hypnosis, similarities and differences. 2. Compose or adopt own “working definition” of hypnosis. 3. Summarize the efficacy of hypnosis	<b>1.0</b>
Day’s CEUs		<b>5</b>