

Tracy Payton Watson, MA, LPC

Curriculum Vitae

Lic # 75072

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Education

- B.S. Ed. Abilene Christian University, Abilene, TX 1989
- M.A. Professional Counseling Amberton University, Garland, TX 2015
License Professional Counselor (TX #75072)

Affiliations/Memberships

- American Counseling Association 2014-Present
- North Texas Society of Clinical Hypnosis 2014-Present
- American Society of Clinical Hypnosis 2014-Present
- EMDRIA 2021-Present
- President of North Texas Society of Clinical Hypnosis 2022-Present

Experience/Training

- North Texas Society of Clinical Hypnosis, Dallas, TX- Advanced 2013
- LPC Practicum-Timberlawn Psychiatric Hospital-Trauma Unit 2014-2015
- LPC Internship 2015-2017
 - Behavioral Medicine Clinic, Dr. Carl A. Ward PhD, Dallas, TX
 - Royal Creek Psychiatric Center, Dr. Jaye D. Crowder MD, Dallas, TX
 - Hope Speaks Clinic, Richardson, TX,
- Licensed Professional Counselor-Private Practice, Dallas, TX 2017-Present
- Certified in Clinical Hypnosis by The American Society of Clinical Hypnosis 2018
- Eye Movement Desensitization and Reprocessing, (EMDR) Level 1 2020
- Internal Family Systems, Level 1 2021

Publications/Presentations

- North Texas Society of Clinical Hypnosis, Dallas, TX “The Interface of Family Life & Professional use of Hypnosis” 2014
- North Texas Society of Clinical Hypnosis, Dallas, TX “Three Case Studies-Milton Erickson” 2014
- North Texas Society of Clinical Hypnosis, Dallas, TX “Trance from a Client’s Perspective” with Stephen Gilligan 2014
- North Texas Society of Clinical Hypnosis and The Mexican Association of Clinical Hypnosis, international webinar, “Using Hypnosis for Chronic Pain” 2017
- Freedom Life Church, Carrollton, TX “Building a Better Marriage” 2017
- North Texas Society of Clinical Hypnosis, Dallas, TX “Using Classic Children’s Stories to Cross the Affect Bridge” 2018
- North Texas Society of Clinical Hypnosis, Rockwall, TX “Integrating Hypnosis with Internal Family Systems (IFS)” 2022
- Eastwood Baptist Church, Gatesville, TX “Unlocking the power of Connection: Mastering Communication for Happier Marriages” 2023