ASCH
2026 ANNUAL SCIENTIFIC MEETINGS & WORKSHOPS
New Frontiers in Hypnosis: Human Ingenuity, AI Innovation, and Ethical Boundaries
March 20–22, 2026

ASCH 2026 Annual Scientific Meetings and Workshops (ASMW)

Virtual Program Brochure

Friday, March 20 to Sunday, March 22, 2026,

Pre-conference Workshops on Thursday, March 19

ASCH
AMERICAN SOCIETY OF CLINICAL HYPNOSIS

Pre-Conference Workshops - Thursday, March 19th

You must register for these individually or as a bundle in addition to your conference registration. To register, please visit https://asch.net/asch-annual-scientific-meeting-and-workshops-2/pre-conference-asch-asmw-2026

Workshop #1: 10:00AM ET – 12:00 PM ET

The Impact of AI Technologies on Patient Communication and Care

CE Credit: 2.0 | Speaker: Daniela Huetwohl, MD | Zoom Room: Main

Workshop #2: 12:15PM ET – 3:15PM ET

Mindful Hypnotherapy: The Basics for Clinical Practice

CE Credit: 3.0 | Speaker: Gary Elkins, PhD, ABPP | Zoom Room: Main

Workshop #3: 3:30PM ET – 6:30PM ET

Explorations in Trauma Treatment Through Ericksonian Hypnosis, Mindfulness, and Core Creativity

CE Credit: 3.0 | Speaker: Ronald Alexander, PhD | Zoom Room: Main

Friday, March 20th

Opening Plenary - 10:30AM ET – 11:30AM ET

Artificial Intelligence and its Growing Utility in Medicine

CE Credit: 1.0 | Speaker: Matthew Wong, MD | Zoom Room: Main

Concurrent Sessions - 12:00PM ET – 3:00PM ET

Hypnosis in Dealing with Grief, Death and Spirituality

CE Credit: 3.0 | Speaker: Ran Anbar, MD, FAAP | Zoom Room: A

"Minding Your Client's Mind": Using Various Clinical Interventions across Clients of Differing Hypnotic/Imagoic Responsivity

CE Credit: 3.0 | Speaker: Ron Pekala, PhD | Zoom Room: B

A Gathering of Healers: How to work with clients who report paranormal/non-ordinary experiences such as clairvoyance, telepathy, mediumship, OBEs and NDEs

CE Credit: 3.0 | Speaker: Paul Schenk, PsyD and Philip Accaria, PhD | Zoom Room: C

Harnessing Utilization, Metaphor, and Visualization Techniques for Trauma Recovery

CE Credit: 3.0 | Speaker: Huaiyu Zhang, Ph.D. | Zoom Room: D

Concurrent Sessions – 3:30 PM ET – 5:00PM ET

The Rhythmic Architecture of Hypnotic Communication

CE Credit: 1.5 | Speaker: Anita Jung, LPC-S, LPA | Zoom Room: A

AI Applications in Clinical Hypnosis Publications: The Good, the Bad, and the Ugly

CE Credit: 1.5 | Speaker: David B. Reid, PsyD | Zoom Room: B

A Collaborative Approach for the Development of an Effective Hypnotic Strategy for Patient Mastery of an Invasive Medical Procedure

CE Credit: 1.5 | Speaker: Katie Simpson, Health Psychologist | Zoom Room: C

Utilizing AI as a Consultation & Training Resource in Ericksonian Hypnosis and Therapy

CE Credit: 1.5 | Speaker: Dale E. Bertram, PhD | Zoom Room: D

Saturday, March 21st

Plenary 10:30AM ET –11:30AM ET

Ericksonian Choice Architecture: Crafting Strategic Communication for Hypnotic Practice

CE Credit: 1.0 | Speaker: Dan Short, PhD | Zoom Room: Main

Concurrent Sessions - 12:00PM ET – 3:00PM ET

Clinical Hypnosis for Attachment Repair

CE Credit: 3.0 | Speaker: Louis Damis, PhD | Zoom Room: A

Organized Extreme Abuse: Terms, Complexities and Creative Strategies

CE Credit: 3.0 | Speaker: Rachel Sage, LCSW-C | Zoom Room: B

Chronic States with Better Fates

CE Credit: 3.0 | Speaker: Bart Walsh, MSW | Zoom Room: C

Imagination as the Regenerative Time Machine: Healing the Past and Spontaneous Imaginal Life Experiences in Clinical Hypnosis

CE Credit: 3.0 | Speakers: Marina A. Smirnova, Ph.D. and Eric K. Willmarth, Ph.D. | Zoom Room: D

Concurrent Sessions – 3:30 PM ET – 5:00PM ET

Becoming an ASCH Educator

CE Credit: 1.5 | Speaker: Mary Wells, PhD | Zoom Room: A

Integrating Pain Reprocessing Therapy Principles with Clinical Hypnosis for Chronic Pain

CE Credit: 1.5 | Speaker: Michael Spertus, MD | Zoom Room: B

Hypnoanesthesia

CE Credit: 1.5 | Speaker: Brice Lemaire, PhD | Zoom Room: C

Step-By-Step Guide to Using AI to Enhance Your Hypnosis Practice

CE Credit: 1.5 | Speaker: Cameron Alldredge, PhD | Zoom Room: D

ASCH Event - 5:15PM ET - 6:15PM ET

ASCH Awards and Passing of the Gavel

Zoom Room: Main

Sunday, March 22nd

Concurrent Sessions – 10:30AM ET – 12:00PM ET

The February Man Revisited: Milton H. Erickson, MD's Deep Trance Phenomena

CE Credit: 1.5 | Speakers: Kathryn Rossi, PhD and Jan Dyba, MA | Zoom Room: A

Integrating Acupressure & Traditional Chinese Medicine Meridians with Clinical Hypnosis: A Practical Workshop

CE Credit: 1.5 | Speakers: Michael Spertus, MD and Prachi Garodia, MD | Zoom Room: B

Power of Words

CE Credit: 1.5 | Speakers: Linda Thomson, PhD, MSN, APRN, ABMH, ABHN, FASCH | Zoom Room: C

***Panel Discussion:* When New Minds Enter Care: AI, the Unconscious, and the Future of Clinical Presence**

CE Credit: 1.5 | Speakers: Panel: Anita Jung, LPC-S, LPA; Ran Anbar, MD, FAAP; Daniela Huetwohl, MD and Ronald Alexander, PhD | Zoom Room: D

Concurrent Sessions – 12:30PM ET – 3:30PM ET

Hypnosis Applications to the Treatment of Posttraumatic Stress Disorder

CE Credit: 3.0 | Speakers: Kaloyan Tanev, PhD and Carolyn Daitch, PhD | Zoom Room: A

Altered States of Consciousness Experiences Related to Spiritual and Religious Aspects of Skin and Skin Disorders

CE Credit: 3.0 | Speaker: Philip Shenefelt, MD, ABMH | Zoom Room: B

Hypnotic Biohacking: Therapeutic Utilization of Embodied Communication for Enhancing Vitality and Longevity

CE Credit: 3.0 | Speaker: Marina A. Smirnova, PhD and David B. Reid, PsyD | Zoom Room: C

Collaborative Storytelling in Pediatric Hypnosis: Integrating AI-Assisted Creativity to Foster Safety, Mastery, and Healing

CE Credit: 3.0 | Speaker: Samantha Silverberg, PhD, LPC | Zoom Room: D

Closing Plenary – 3:45PM ET – 4:45PM ET

Brave New World: Navigating AI in Behavioral Health

CE Credit: 1.0 | Speaker: Trina Histon, PhD | Zoom Room: Main