



## 2026 ANNUAL SCIENTIFIC MEETINGS & WORKSHOPS

New Frontiers in Hypnosis: Human Ingenuity,  
AI Innovation, and Ethical Boundaries

March 20-22, 2026

# ASCH 2026 Annual Scientific Meetings and Workshops (ASMW)

Virtual Program Brochure

Friday, March 20 to Sunday, March 22, 2026,

Pre-conference Workshops on Thursday, March 19



## **Pre-Conference Workshops - Thursday, March 19<sup>th</sup>**

You must register for these individually or as a bundle in addition to your conference registration. To register, please visit <https://asch.net/asch-annual-scientific-meeting-and-workshops-2/pre-conference-asch-asmw-2026>

### **Workshop #1: 10:00AM ET – 12:00 PM ET**

#### **The Impact of AI Technologies on Patient Communication and Care**

*CE Credit: 2.0 | Speaker: Daniela Huetwohl, MD | Zoom Room: Main*

### **Workshop #2: 12:15PM ET – 3:15PM ET**

#### **Mindful Hypnotherapy: The Basics for Clinical Practice**

*CE Credit: 3.0 | Speaker: Gary Elkins, PhD, ABPP | Zoom Room: Main*

### **Workshop #3: 3:30PM ET – 6:30PM ET**

#### **Explorations in Trauma Treatment Through Ericksonian Hypnosis, Mindfulness, and Core Creativity**

*CE Credit: 3.0 | Speaker: Ronald Alexander, PhD | Zoom Room: Main*

## **Friday, March 20<sup>th</sup>**

### **Opening Plenary - 10:30AM ET – 11:30AM ET**

#### **Artificial Intelligence and its Growing Utility in Medicine**

*CE Credit: 1.0 | Speaker: Matthew Wong, MD | Zoom Room: Main*

### **Concurrent Sessions - 12:00PM ET – 3:00PM ET**

#### **Clinical Hypnosis for Attachment Repair**

*CE Credit: 3.0 | Speaker: Louis Damis, PhD | Zoom Room: A*

#### **“Minding Your Client’s Mind”: Using Various Clinical Interventions across Clients of Differing Hypnotic/Imagoic Responsivity**

*CE Credit: 3.0 | Speaker: Ron Pekala, PhD | Zoom Room: B*

#### **A Gathering of Healers: How to work with clients who report paranormal/non-ordinary experiences such as clairvoyance, telepathy, mediumship, OBEs and NDEs**

*CE Credit: 3.0 | Speaker: Paul Schenk, PsyD and Philip Accaria, PhD | Zoom Room: C*

#### **Harnessing Utilization, Metaphor, and Visualization Techniques for Trauma Recovery**

*CE Credit: 3.0 | Speaker: Huaiyu Zhang, Ph.D. | Zoom Room: D*

### **Concurrent Sessions – 3:30 PM ET – 5:00PM ET**

#### **The Rhythmic Architecture of Hypnotic Communication**

*CE Credit: 1.5 | Speaker: Anita Jung, LPC-S, LPA | Zoom Room: A*

#### **AI Applications in Clinical Hypnosis Publications: The Good, the Bad, and the Ugly**

*CE Credit: 1.5 | Speaker: David B. Reid, PsyD | Zoom Room: B*

#### **A Collaborative Approach for the Development of an Effective Hypnotic Strategy for Patient Mastery of an Invasive Medical Procedure**

*CE Credit: 1.5 | Speaker: Katie Simpson, Health Psychologist | Zoom Room: C*

## **Utilizing AI as a Consultation & Training Resource in Ericksonian Hypnosis and Therapy**

*CE Credit: 1.5 | Speaker: Dale E. Bertram, PhD | Zoom Room: D*

## **Saturday, March 21<sup>st</sup>**

**Plenary 10:30AM ET –11:30AM ET**

### **Ericksonian Choice Architecture: Crafting Strategic Communication for Hypnotic Practice**

*CE Credit: 1.0 | Speaker: Dan Short, PhD | Zoom Room: Main*

**Concurrent Sessions - 12:00PM ET – 3:00PM ET**

#### **Hypnosis in Dealing with Grief, Death and Spirituality**

*CE Credit: 3.0 | Speaker: Ran Anbar, MD, FAAP | Zoom Room: A*

#### **Organized Extreme Abuse: Terms, Complexities and Creative Strategies**

*CE Credit: 3.0 | Speaker: Rachel Sage, LCSW-C | Zoom Room: B*

#### **Chronic States with Better Fates**

*CE Credit: 3.0 | Speaker: Bart Walsh, MSW | Zoom Room: C*

#### **Imagination as the Regenerative Time Machine: Healing the Past and Spontaneous Imaginal Life Experiences in Clinical Hypnosis**

*CE Credit: 3.0 | Speakers: Marina A. Smirnova, Ph.D. and Eric K. Willmarth, Ph.D. | Zoom Room: D*

**Concurrent Sessions – 3:30 PM ET – 5:00PM ET**

#### **Becoming an ASCH Educator**

*CE Credit: 1.5 | Speaker: Mary Wells, PhD | Zoom Room: A*

#### **Integrating Pain Reprocessing Therapy Principles with Clinical Hypnosis for Chronic Pain**

*CE Credit: 1.5 | Speaker: Michael Spertus, MD | Zoom Room: B*

#### **Hypnoanesthesia**

*CE Credit: 1.5 | Speaker: Brice Lemaire, PhD | Zoom Room: C*

#### **Step-By-Step Guide to Using AI to Enhance Your Hypnosis Practice**

*CE Credit: 1.5 | Speaker: Cameron Alldredge, PhD | Zoom Room: D*

**ASCH Event - 5:15PM ET - 6:15PM ET**

## **ASCH Awards and Passing of the Gavel**

*Zoom Room: Main*

## **Sunday, March 22<sup>nd</sup>**

Concurrent Sessions – 10:30AM ET – 12:00PM ET

### **The February Man Revisited: Milton H. Erickson, MD's Deep Trance Phenomena**

*CE Credit: 1.5 | Speakers: Kathryn Rossi, PhD and Jan Dyba, MA | Zoom Room: A*

### **Integrating Acupressure & Traditional Chinese Medicine Meridians with Clinical Hypnosis: A Practical Workshop**

*CE Credit: 1.5 | Speakers: Michael Spertus, MD and Prachi Garodia, MD | Zoom Room: B*

### **Power of Words**

*CE Credit: 1.5 | Speakers: Linda Thomson, PhD, MSN, APRN, ABMH, ABHN, FASCH | Zoom Room: C*

### **Panel Discussion: When New Minds Enter Care: AI, the Unconscious, and the Future of Clinical Presence**

*CE Credit: 1.5 | Speakers: Panel: Anita Jung, LPC-S, LPA; Ran Anbar, MD, FAAP; Daniela Huetwohl, MD and Ronald Alexander, PhD | Zoom Room: D*

Concurrent Sessions – 12:30PM ET – 3:30PM ET

### **Hypnosis Applications to the Treatment of Posttraumatic Stress Disorder**

*CE Credit: 3.0 | Speakers: Kaloyan Tanev, PhD and Carolyn Daitch, PhD | Zoom Room: A*

## **Altered States of Consciousness Experiences Related to Spiritual and Religious Aspects of Skin and Skin Disorders**

*CE Credit: 3.0 | Speaker: Philip Shenefelt, MD, ABMH | Zoom Room: B*

## **Hypnotic Biohacking: Therapeutic Utilization of Embodied Communication for Enhancing Vitality and Longevity**

*CE Credit: 3.0 | Speaker: Marina A. Smirnova, PhD and David B. Reid, PsyD | Zoom Room: C*

## **Collaborative Storytelling in Pediatric Hypnosis: Integrating AI-Assisted Creativity to Foster Safety, Mastery, and Healing**

*CE Credit: 3.0 | Speaker: Samantha Silverberg, PhD, LPC | Zoom Room: D*

## **Closing Plenary – 3:45PM ET – 4:45PM ET**

### **Brave New World: Navigating AI in Behavioral Health**

*CE Credit: 1.0 | Speaker: Trina Histon, PhD | Zoom Room: Main*