**Curriculum Vitae** Harvey S. Zarren, M.D.

**Harvey S. Zarren, M.D., F.A.C.C.**

**Connected Healing Institute**

33 Hawthorne Road

Swampscott, Massachusetts 01907, USA

phone: (781) 599-4718

fax: (781) 599-7393

E-Mail: hzarren@gmail.com

**MEDICAL PRACTICE:**

1975 -2001 Private Practice

Internal Medicine/Cardiology

Cardiology Physicians, Inc.

Lynn &Salem, Massachusetts

331 Highland Avenue

Salem, Massachusetts 01970, USA

Phone: (978) 744-3499

2001 – Present

Connected Healing Institute

Wellness Consults

Clinical Hypnosis

Workshops

Lectures and Presentations

**EDUCATION:**

1959-1961 Belmont High School

Belmont, Massachusetts

1961-1965 Columbia College, A.B. New York, New York

1965-1969 Tufts University School of Medicine, M.D.

Boston, Massachusetts

1969-1970 Boston City Hospital

Tufts Medical Service - Intern

Boston, Massachusetts

Continued

1970-1971 Boston City Hospital Harvey S. Zarren, M.D.

Tufts Medical Service - Resident

Boston, Massachusetts

1973-1975 Tufts- New England Medical Center

Clinical Fellowship - Cardiology

Research Fellowship - Cardiology

Boston, Massachusetts

**MILITARY SERVICE:**

1971-1973 United States Naval Reserve

Lt. Commander Medical Corps.

Chief, Internal Medicine Clinic

Navy Regional Medical Clinic

Washington, D.C

**LICENSURE**:

Massachusetts License No. 56707

**BOARD CERTIFICATION:**

June 16, 1974 American Board of Internal Medicine:

Internal Medicine (No. 45834)

October 21, 1975 American Board of Internal Medicine:

Cardiovascular Disease (No. 45834)

**CLINICAL APPOINTMENTS:**

10/82-9/84, 10/86-9/90 Associate Chief of Medicine

Lynn Hospital

Lynn, Massachusetts

1985 Director, Cardiac Care Unit

Union Hospital

Lynn, Massachusetts

1990-2019 Physician Director, The Healing Connection

NSMC/Union Hospital

Lynn, Massachusetts

Continued

 Harvey S. Zarren, M.D.

1992-2018 Physician Director, Healing Your Heart Program (Cardiac Support)

NSMC/Union Hospital

Lynn, Massachusetts

1993- Present Physician Director, Healing With Hope Program (Cancer Support)

MGB Salem Hospital

Salem, Massachusetts

1995-2001 Medical Director, Cardiac Rehabilitation

Union Hospital

Lynn, Massachusetts

1975-2001, Chairman, Pharmacy and Therapeutics Committee

Lynn Hospital, Union Hospital

Lynn, Massachusetts

2001 – 2009

Consulting Staff

NSMC

Lynn and Salem, Massachusetts

2009-Present

Non-clinical Affiliate Medical Staff

MGB Salem Hospital

Salem, Massachusetts

2010 – Present

Member Quality and Professional Affairs Committee

NSMC

Salem, Massachusetts

2009 – Present

Approved Consultant of the American Society of Clinical Hypnosis.

**ACADEMIC APPOINTMENTS:**

1973-1975 Tufts-New England Medical Center

Clinical Instructor in Medicine

1976 Tufts University School of Medicine

Instructor- Physical Diagnosis Course

Continued

 Harvey S. Zarren, M.D.

1977-1978 Tufts-New England Medical Center

Clinical Instructor in Medicine

1982-Present Tufts University School of Medicine

Assistant Clinical Professor Medicine

1976 Massachusetts General Hospital

Lecturer - Nurse Practitioner Course

1979-1982 Northeastern University

Instructor in Cardiology

Emergency Medical Technician Course

**AWARDS & HONORS:**

1994 Physician of Excellence Award

Union Hospital

Lynn, Massachusetts

1995 Annual Recognition Award

The Association of Healing Health Care Projects

2000 Founders Award

The Association of Healing Health Care Projects

2008 The Joy of Practice Recognition Award

Point of Life Foundation

Brahma Kumaris World Spiritual Organization

2013 Dr. E. Augustus Holyoke Memorial Award for

Professional Excellence and Community Service

From North Shore Medical Center Medical Staff

**SOCIETIES:**

Fellow- American College of Cardiology

Member- American College of Physicians

Massachusetts Medical Society - Essex South

New England Society of Clinical Hypnosis

American Society of Clinical Hypnosis

American Heart Association

Founding Member-American College of Lifestyle Medicine

Certified Consultant American Society of Clinical Hypnosis

 Harvey S. Zarren, M.D.

**TRUSTEE:**

Union Hospital

North Shore Medical Center

February 1998- January 2004

**PATRON:**

New Approaches To Cancer

Bristol, England

**BOARD MEMBER**

Food Studies Institute

Association of Healing Health Care Projects

Integrative Medicine Alliance, Board President 2004 – 2014

New England Society of Clinical Hypnosis,

President – Elect 2004 – 2005

President - 2005-2006, 2008-2009

Immediate Past President - 2006 – 2007

President- 2008-2009

Immediate Past President: 2009-2010

Member-At-Large: 2010-2012

Vice-President – 2012-2013

President – 2013-2014

Vice President – 2014-2016

Member-At-Large 2016- 2019

Vice President – 2020- Present

**PUBLICATIONS**

"Cardiac Disease"; Complementary and Alternative Medicine in Rehabilitation.

Ed Eric Leskowitz Churchill Livingstone, St. Louis 2003

“Healing the Heart”; Journal of Holistic Healthcare. Vol 3, Issue 3, August 2006

p15-17. British Holistic Medical Association

“How to Achieve a High-Performance Health Care System in the United States”

Ann Intern Med 2008;148 711-712

**PERSONAL:**

Date of Birth: June 7, 1943

Married

2 children