**Ketamine-Assisted Psychotherapy, September 21, 2025 Timed Agenda**

**2:00 pm EDT**

1. Introduce the biochemical and therapeutic benefits of Ketamine

2. Explain the frame and process of facilitating Ketamine-Assisted Psychotherapy

3. Differentiate between psychedelic and psycholytic use of Ketamine

**3:00 pm EDT**

4. Compare hypnosis to Ketamine and how they work in the brain, as well as why they are such compatible modalities.

4. Show video clip(s) of using hypnosis during Ketamine-Assisted Psychotherapy sessions

5. Q&A