**Hypnosis for Trauma III: Integration and Self-Development**

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**ASCH-Approved Advanced Workshop: 5.0 Hours**

**Sunday, September 7th, 2025, 11:00 to 4:30 EST**

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| Time | Topics | CE/CME |
| 11:00-12:30 | **Introduction & Overview**  **Normative Implicit Clinical Hypnosis**  **Goals for the Integration Phase**  **Controlled Uncovering**  **Memory Mastery**    *At the completion of this session, participants will be able to*:   1. List the three goals of integration. 2. Describe and train three trauma processing prerequisite skills. 3. List two methods of controlled uncovering. | 1.5 |
| 12:30-12:45 | Break |  |
| 12:45-2:30 | **Trauma Memory Transformation**  **Memory Update Reconsolidation**  **Working with Introjects and Self-States**    *At the completion of this session, participants will be able to*:   1. Describe and apply the two trauma desensitization processing techniques. 2. List and apply three steps for memory reconsolidation updating. 3. Outline the process and three approaches to working with self-states. 4. Describe and apply three steps for facilitating conflict resolution with ego-states. | 1.75 |
| 2:30-2:45 | Break |  |
| 2:45-4:30 | **Goals for the Self-Development Phase**  **Meaning Making and Reassignment of Responsibility**  **Hypnotic Strategies for Self-Development**  **Hypnotic Strategies for Relational Development**    *At the completion of this session, participants will be able to*:   1. Describe the three goals for the self-development phase. 2. Describe and apply two hypnotic strategies for self-development. 3. Explain the reassignment of responsibility and two strategies for facilitating it. 4. Explain the need for relational development, list two aspects of needed relational development, and a hypnotic strategy for promoting effective intimate relationships. | 1.75 |
| 4:30 | **Adjourn** |  |