**Hypnosis for Trauma II: Attachment Repair**

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**ASCH-Approved Advanced Workshop: 5.0 Hours**

**Sunday, September 7th, 2025, 11:00 to 4:30 EST**

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| Time | Topics | CE/CME |
| 11:00-12:30 | **Introduction & Overview**  **Normative Implicit Clinical Hypnosis**  **Characteristics & Caregiver Dynamics Associated with Attachment Styles**  **Methods of Assessment and Monitoring of Change**    *At the completion of this session, participants will be able to*:   1. Describe the importance of creating a felt-sense for attachment repair. 2. List the five characteristics necessary for the development of a secure attachment to be generated for hypnotic attachment repair. 3. List two methods of assessing and monitoring changes in attachment styles. | 1.5 |
| 12:30-12:45 | Break |  |
| 12:45-2:30 | **Ideal Parent Figure Protocol**  **Implementation Processes**    *At the completion of this session, participants will be able to*:   1. Describe and apply the generic Ideal Parent Figure protocol. 2. List three reactions to the Ideal Parent Figure protocol and strategies for managing them. 3. Explain the role of desensitization during the implementation of the Ideal Parent Figure protocol and two ways to facilitate it. | 1.75 |
| 2:30-2:45 | Break |  |
| 2:45-4:30 | **Identification and Repair of Specific Attachment Wounds**  **Criteria for Attainment of Adequate Attachment Repair**    *At the completion of this session, participants will be able to*:   1. Describe the process of approaching the repair of specific attachment wounds. 2. Describe and apply positive opposites for attachment repair. 3. List three criteria for adequate attachment repair. | 1.75 |
| 4:30 | **Adjourn** |  |