**Interactive Experiential Clinical Hypnosis for Developmental Trauma Disorders**

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**NTSCH Advanced Workshop: Dallas, TX September 19-20, 2025**

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| **Friday** | **September 19th, 2025** | **CEUs** |
| 7:30-8:00 | **Check-in** |  |
| 8:00-8:30 | **Advanced Workshop Introduction and Overview**  **Complexity of Trauma and the Phase-Oriented Treatment Model**  At the conclusion of this session, the participant will be able to:   1. List five dimensions of the impact of trauma and neglect. 2. List three categories within each dimension of impact. 3. Describe a phase-oriented approach to the treatment of trauma. | **.5** |
| 8:30-9:00 | **Implicit Memory and Trauma**  **Adaptive Experiential Theory of Hypnosis**  **Normative Implicit Clinical Hypnosis**  At the conclusion of this session, the participant will be able to:   1. Explain the nature of the Unrepressed Unconscious. 2. Explain how implicit memory relates to PTSD & attachment disorders. 3. Distinguish rational versus experiential information processing. 4. Delineate two ways to access experiential processing with hypnosis. | **.5** |
| 9:00-9:30 | **Permissive & Interactive Hypnosis**  At the conclusion of this session, the participant will be able to:   1. Describe how to set the frame for therapeutic suggestions. 2. Establish communication and elicit clients’ descriptions of their unfolding experience. 3. Amplify and appropriately elaborate desired individualized mental/emotional states. 4. Identify a hypnotic strategy for modifying implicit memory. | **.5** |
| 9:30-10:00 | **Polyvagal Theory and Neuroception of Safety‎**  At the conclusion of this session, the participant will be able to:   1. Explain the Polyvagal Theory and its relation to physical and emotional functioning. 2. Describe three types of breathing and two strategies for breath training. 3. Describe two methods for activating the ventral vagal complex. 4. Explain the nature of anxious intrusions during safe-place imagery and two strategies for managing them. | **.5** |
| 10:00-10:15 | Break |  |
| 10:15-11:00 | **Generating Neuroception of Safety‎ with Demonstration**  At the conclusion of this session, the participant will be able to:   1. Apply safe-place imagery for neuroception of safety 2. Elicit and explain what is meant by a “higher order perspective.” | **.75** |
| 11:00-12:15 | **Attachment Disorders and Repair with Demonstration**  At the conclusion of this session, the participant will be able to:   1. Identify the role of neglect and the importance of neglect repair. 2. Identify four attachment styles and related indications for attachment repair. 3. Describe two methods of attachment style assessment. 4. Describe and apply the Ideal Parent Figure Protocol. 5. Identify three common reactions to ideal parent imagery and strategies to manage them. | **1.25** |
| 12:15-1:00 | Lunch |  |
| 1:00-1:45 | **Insight-Oriented Techniques and Hypnoprojectives: Accessing the Solutions Within ‎**  At the conclusion of this session, the participant will be able to:   1. Describe and apply three hypnotic techniques for insight and identification of causative factors. 2. Explain and apply the cognitive bridge technique. 3. Describe and apply three hypnoprojective techniques. 4. Identify two relevant issues regarding memory and hypnosis, and identify the components of informed consent. | **0.75** |
| 1:45-2:30 | **Coping Enhancement & Ego Strengthening ‎ with Demonstration**  At the conclusion of this session, the participant will be able to:   1. Describe and apply three ego-strengthening techniques. 2. Apply displacement hypnoprojectives for coping enhancement. 3. Describe and apply hypnotic desensitization. | **0.75** |
| 2:30-3:00 | **Memory Reconsolidation Updating ‎**  At the conclusion of this session, the participant will be able to:   1. Identify the conditions necessary for reconsolidation updating. 2. Describe two strategies for updating relevant memories. 3. Apply bridge techniques to access relevant memories. | **0.5** |
| 3:00-3:15 | Break |  |
| 3:15-4:15 | **Hypnotic Desensitization Strategies**  At the conclusion of this session, the participant will be able to:   1. Apply the breath-focus technique for desensitization. 2. Apply pendulation and the touch-and-return techniques for desensitization. | **1.0** |
| 4:15-4:30 | Break |  |
| 4:30-6:00 | **Phase I: Stabilization**  At the conclusion of this session, the participant will be able to:   1. Explain the importance of prioritizing stabilization. 2. Describe and apply two strategies for affect regulation. 3. Identify a strategy for the regulation of unwanted dissociation. | **1.5** |
| 6:00-7:00 | **Requested Demonstrations**  At the conclusion of this session, the participant will be able to:   1. Perform requested demonstrations. | **1.0** |
| Day’s CEUs |  | **9.5** |

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| **Saturday** | **September 20th, 2025** | CEUs |
| 7:30-8:00 | Check-in |  |
| 8:00-8:30 | **Phase II: Memory Integration ‎**  At the conclusion of this session, the participant will be able to:   1. List three forms of structural dissociation. 2. Describe the elements and implications of the BASK model. 3. Delineate four goals of integration. | **0.5** |
| 8:30-9:15 | **Working with Ego-States**  At the conclusion of this session, the participant will be able to:   1. List two strategies for working with ego states. 2. Describe two strategies for problem-solving with ego states. | **.75** |
| 9:15-10:00 | **Phase III: Post-Integration ‎Self-Development**  At the conclusion of this session, the participant will be able to:   1. Explain the reason for focusing on self-development. 2. List four dimensions of the self-development phase. 3. Describe and apply three hypnotic strategies for the self-development phase. | **.75** |
| 10:00-10:15 | Break |  |
| 10:15-12:15 | **Review and Integration**  **Requested Demonstrations**  At the conclusion of this session, the participant will be able to:   1. Explain the rationale for phase-oriented treatment of trauma. 2. List two primary components of each phase and a hypnotic strategy to use for each. 3. Perform the requested hypnotic techniques demonstrated. | **2.0** |
| 12:15-1:00 | Lunch |  |
| 1:00-3:00 | **Case Consultation & Integration into Practice ‎**  At the conclusion of this session, the participant will be able to:   1. Identify two ways to apply the techniques presented. 2. Describe a common pitfall in the treatment of trauma. 3. Identify individualized hypnotic approaches to at least one client in their practice | **2.0** |
| 3:00-3:15 | Break |  |
| 3:15-4:00 | **Review, Questions and Answers, Adjourn**  At the conclusion of this session, the participant will be able to:   1. Have any questions about the workshop answered. | **0.75** |
| Day’s CEUs |  | **6.75** |
| Total CEUs |  | **16.25** |