

CEU Request for NTSCH
July 23, 2025
Healing Magick at the Crossroads
When Intuition Meets Hypnosis
by
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July 23rd 7-8:30 pm

1. Program Dates/ Method: 7 . 2 3 .2025. Virtual

2. Abstract

With didactics, fascinating cases and experiential exercises, this program will focus on the potency of healing that can be created when intuition and hypnosis intersect in the clinical setting.

Four major dynamics will be highlighted. The ACE schematic Model for developing intuitive skills will be introduced.

Access to Resources & Solutions Inside the client's intuitive, aka, wise mind.

Name the three features of the ACE schema.

Evocation of Intuitive wisdom in "the Therapist's Trance."

Increased breadth and depth of Ego-Strengthening potentials.

Utilization of wisdom derived from intuitive metaphors that arise in the unconscious Mind of client and clinician.

3. Learning Objectives:

At the end of this presentation participants will be able to:

1. Define the meaning of the "wise mind" as applicable in an intuitive/hypnotic context.
2. Describe at least one phenomenon of the therapist's trance.
3. Name at least one way intuitively infused hypnosis methodology can provide ego strengthening for the client.
4. Given a client problem, imagine how an intuitively derived metaphor might be used to induce trance or utilized in a conversational hypnotic context.

4. Timed Agenda. 1.5 hr. / 1.5 CEU's

5. Speaker Information:

North Carolina Society of Clinical Hypnosis Board member Bette Freedson, LCSW, LICSW, CGP is a clinical social worker, an ASCH Approved Consultant and an author and speaker. Bette's most recent book is *Other Realms, Other Ways: A Clinician's Guide to the Magick of Intuition*. Her first book *Soul Mothers' Wisdom/Seven Insights for the Single Mother* received high praise from the Midwest Book Review. A frequent faculty member and moderator of conferences of the Milton H. Erickson Foundation, Bette is also a contributing author for *ERICKSONIAN THERAPY NOW: The Master Class* with Jeffrey K. Zeig, PhD.

Professionally trained in hypnosis, Bette incorporates Ericksonian hypnosis along with the wisdom of intuition into her clinical social work practice. Bette Freedson has also conducted workshops for a variety of other clinical venues including Southern New Hampshire Medical Center, AdCare of Maine, The Sweetser Training Institute of Maine, and The National Association of Social Workers along with various

state chapters. She served for two years as a contributing member and author of two articles for the NASW specialty practice section on Children, Adolescents and Young Adults. (CAYA) Bette has also co-presented a weekend program at Kripalu entitled A Woman's Sacred Journey.

Bette's dual interest in hypnosis and intuition infuses the content of her clinical work, her writing, and her teaching. Her current project consists of a series of workshops entitled The Psychic Studio. In these seminars, open to clinical as well as lay participants, members explore the nature of intuition and how accessing and utilizing this innate ability can enhance both work and life. Bette Freedson lives and practices in Southern Maine.