



AMERICAN SOCIETY OF CLINICAL HYPNOSIS

Bridging Inner Worlds: Hypnosis for Psychedelic Preparation and Integration

June 21st, 2025

Program Times

Workshop **Saturday**
 12:00pm–3:00pm EST

Important Information

Participants are eligible for 3 hours of Continuing Education if these two conditions are met: a) participant is fully present and engaged for the duration of the workshop; b) the daily program evaluations are completed by June 27th, 2025. Certificates will be issued the week of June 30th, 2025.

(All times are listed in Eastern Standard Time)

12:00-12:00 PM	Welcome - getting situated
12:15-12:20 PM	Review Learning Objectives of Workshop: At the end of this training, participants will be able to: <ol style="list-style-type: none">1. State two shared features of hypnosis and ketamine/Psilocybin2. State one difference between a ‘psycholytic dose’ vs. A ‘heroic or psychedelic’ dose3. State one hypnosis technique they can utilize during the preparation phase of PAP to enhance openness and readiness4. State one hypnosis technique they can utilize for the integration/post-journey phase to help clients process insights and solidify personal growth
12:20-12:40 PM	Brief Overview of Psychedelic Research At the conclusion of this session the participant will be able to: <ul style="list-style-type: none">• Briefly describe the arch of research to date
12:40-1:20 PM	Shared and Distinct Features of Hypnosis and Psychedelics- Hypnosis and psychedelics share capacities; at the conclusion of this session, the participant will be able to: <ul style="list-style-type: none">• List two possible ways both shift consciousness• Outline two possible ways both enhance suggestibility• List two possible ways both generate profound emotional and cognitive insight
1:20-3:00 PM	KAP Framework- Set, Setting, Therapeutic Relationship, Integration At the conclusion of this session the participant will be able to: <ul style="list-style-type: none">• Describe the three components of set/setting

	<ul style="list-style-type: none">• Site two references documenting the value of the therapeutic relationship• List three features of integration
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