

Proposal for NTSCH - Case Consultation and Mentorship Group

Facilitators: Alejandra Diaz and Katharine Davis

Meeting days and time: Second Monday of the month from 1:30 pm to 2:30 pm

Starting Date: January 13th, 2025

Standing zoom link:

<https://us02web.zoom.us/j/89125121131?pwd=el70IeeihJsPir3WIZYWtaIkj2HLYh.1>

Objectives:

- Offer professional case consultations for NTSCH members.
- Provide didactic segments of information and/or hypnotic techniques relevant to NTSCH member's practice.

Description:

This group offers a space for NTSCH membership to discuss complex cases, ask questions, and gather feedback from mentors and peers. It will be an opportunity to listen to and share ideas, as well as receive guidance and strategies on implementing hypnosis with clients.

Facilitators will also provide brief didactic segments during each meeting that may include use of hypnotic suggestions, metaphors, inductions, and relevant information about specific disorders and/or therapeutic topics.

Facilitators have the intention to assist new members who have recently trained in hypnosis, to continue learning, developing and improving their skillset and find a cohort support group. Advanced members are also encouraged to attend to provide mentorship and continue honing their skills.