**

**Clinical Hypnosis Teaching & Consultation Workshop**

**July 18-19, 2025**

**Program Times**

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|  | **Friday, July 18** | **Saturday, July 19** |
| Workshop | 10:00 AM-3:30 PM ET | 10:00 AM-4:00 PM ET |
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**Eligibility for Continuing Education Credit**

Participants are eligible for 10 hours of Continuing Education if these two conditions are met: a) participant is fully present and engaged for the duration of the workshop; b) the daily program evaluations are completed by Friday, October 25, 2024. Certificates will be issued the week of October 28, 2024.

**Friday, July 18, 2025**

**All times listed are in Eastern (ET)**

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| **10:00 AM-12:00 PM** | **Section 1: Workshop Overview of Foundational Elements (2.0 CE) (Mary Wells and Ciara Christensen)***Introduction of Workshop Participants and Faculty**Introduction to Purpose and Process of Workshop**Establishing Familiarity with the ASCH Standards of Training (SoT)‎**Understanding Adult Education (Andragogy) Theories and Styles‎**Understanding Your Personal Style of Learning and Educating/Training*At the conclusion of this session the participant will be able to: * Describe the purposes of the sequence of the ASCH Standards of ‎Training
* Describe the concept of spiral learning
* Describe Knowles’ principles of adult learning and education
* Describe the participants’ personal styles of learning and ‎educating and how they impact education/training of clinical ‎hypnosis
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| **12:00-12:30 PM** | **Small Group Discussion 1 (0.50 CE) (Wells & Christensen)***Section 1*At the conclusion of this session the participant will be able to: * Describe the purposes of the sequence of the ASCH Standards of ‎Training
* Describe the concept of spiral learning
* Describe Knowles’ principles of adult learning and education
* Describe the participants’ personal styles of learning and ‎educating and how they impact education/training of clinical ‎hypnosis
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| **12:30-1:00 PM** | **Lunch** |
| **1:00-3:00 PM** | **Section 2: Development and Presentation of Clinical Hypnosis Workshops; Small Group ‎Workshop Components and the Importance of Participant Safety (2.0 CE) (Wells & Christensen)***Planning an ASCH-ERF Sponsored/ASCH-Approved Workshop in Clinical ‎Hypnosis* *Group Developmental Stages; Group Time Management; Documentation of ‎Group Process and Group Member Progress**The Importance of Small Group Experiences in Clinical Hypnosis Workshops*At the conclusion of this session the participant will be able to: * Explain the importance of repetition in adult education
* Describe the importance of appropriate learning objectives and ‎distinguish between helpful and appropriate and non-‎contributory learning objectives
* Describe the importance of small group practice experiences in ‎clinical hypnosis training and the documentation of such
* Describe the importance of limiting size of small group practice ‎sessions and of the specified, rotating roles of small group ‎participants
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| **3:00-3:30 PM** | **Small Group Discussion 2 (0.50 CE) (Wells & Christensen)***Section 2*At the conclusion of this session the participant will be able to: * Explain the importance of repetition in adult education
* Describe the importance of appropriate learning objectives and ‎distinguish between helpful and appropriate and non-‎contributory learning objectives
* Describe the importance of small group practice experiences in ‎clinical hypnosis training and the documentation of such
* Describe the importance of limiting size of small group practice ‎sessions and of the specified, rotating roles of small group ‎participants
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| **6:00 PM** | **Complete Day 1 Program Evaluations (5.0 CE)** |

**Saturday, July 19, 2025**

**All times listed are in Eastern (ET)**

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| **10:00 AM – 12:00 PM** | **Section 3: Workshop Faculty Recruitment, Selection and Assignment(s); Optimizing ‎Workshop Participant Safety (2.0 CE) (Wells & Christensen)***Understanding the Importance of Workshop Participant Safety and Threats to ‎Same**Identification, Selection, and Progressive Inclusion of Workshop Faculty. ‎* At the conclusion of this session the participant will be able to: * Describe two elements of workshop participant safety and why ‎each is important
* Describe one standardized clinical hypnosis re-alerting/re-‎orienting assessment instrument
* List at least five important characteristics of effective leaders/workshop faculty facilitators
* Describe at least three important factors in selection of appropriate faculty facilitators for clinical hypnosis workshops
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| **12:00-12:30 PM** | **Small Group Discussion 3 (0.50 CE) (Wells & Christensen)***Section 3*At the conclusion of this session the participant will be able to: * Describe two elements of workshop participant safety and why ‎each is important
* Describe one standardized clinical hypnosis re-alerting/re-‎orienting assessment instrument
* List at least five important characteristics of effective leaders/workshop faculty facilitators
* Describe at least three important factors in selection of appropriate faculty facilitators for clinical hypnosis workshops
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| **12:30-1:00 PM** | **Lunch** |
| **1:00-2:30 PM** | **Section 4: Consultation and the ASCH Certification Process (2.0 CE) (Wells & Christensen)***Consultation; Understanding the ASCH Individualized Consultation Options**Importance and Appropriate Inclusion of Evaluation and Feedback**Workshop Review / Evaluations / Q&A / Wrap-Up*At the conclusion of this session the participant will be able to: * Define consultation and how the consultation process differs ‎from clinical supervision
* Describe at two elements of effective feedback
* Describe the required elements of the process of becoming an ‎ASCH Approved Consultant
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| **2:30-3:00 PM** | **Small Group Discussion 4 (0.50 CE) (Wells & Price)***Section 4*At the conclusion of this session the participant will be able to: * Define consultation and how the consultation process differs ‎from clinical supervision
* Describe at two elements of effective feedback

Describe the required elements of the process of becoming an ‎ASCH Approved Consultant |
| **3:00-3:30 PM** | **Workshop Review / Evaluations / Q&A / Wrap-Up (0.50 CE) (Wells & Christensen)** |
| **4:00 PM** | **COMPLETE DAY 2 PROGRAM EVALUATIONS** |